



School Education & Literacy Department
Government of Sindh

EARLY CHILDHOOD CARE & EDUCATION

Workbook

ECCE I



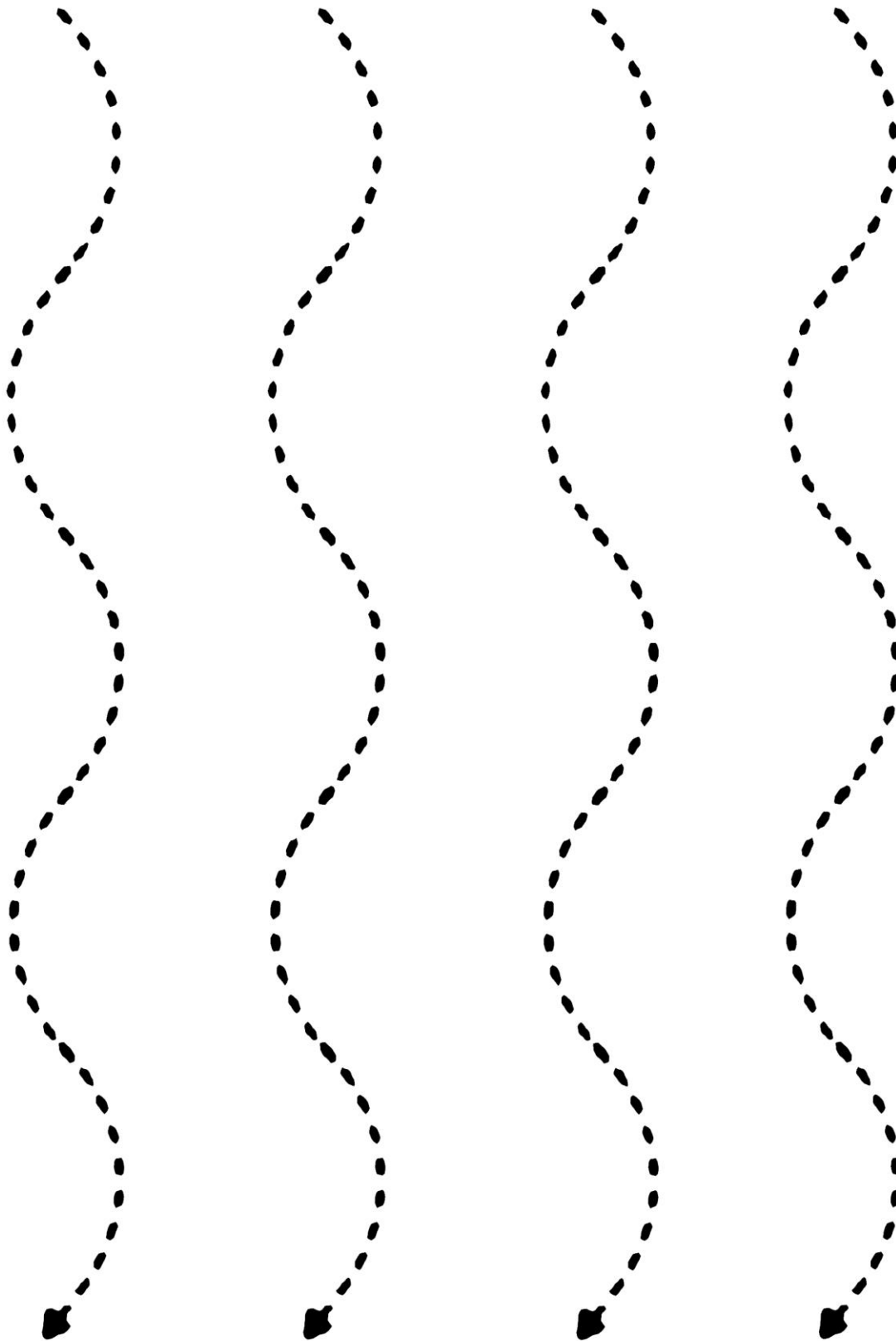
Designed by
Reform Support Unit (RSU) and
Directorate Early Childhood Care & Education (ECCE)



Language and Literacy

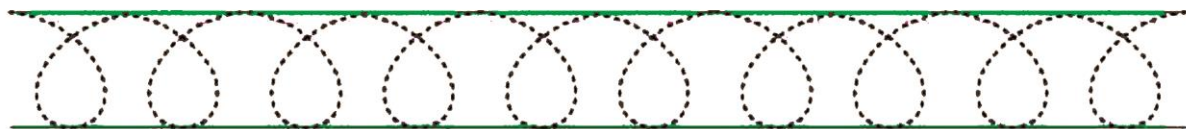
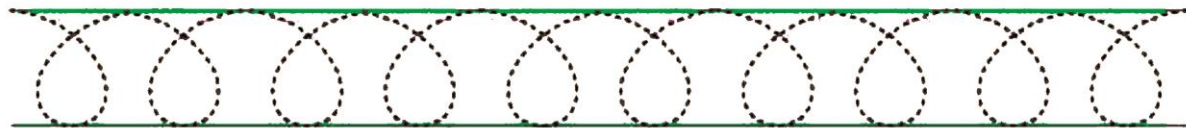
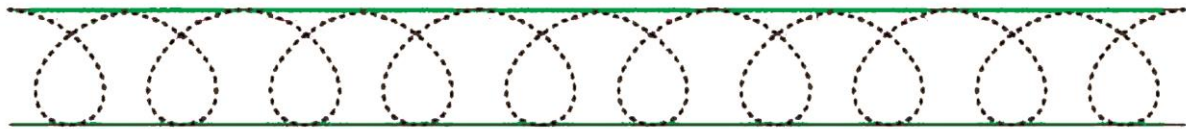
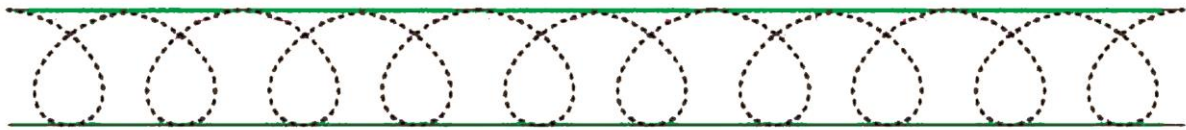
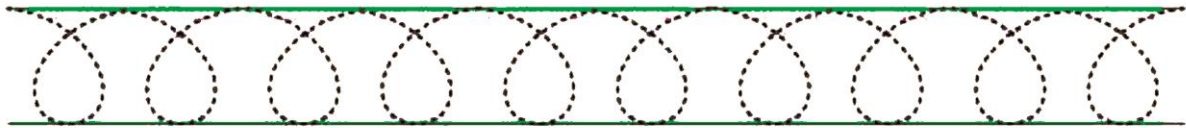
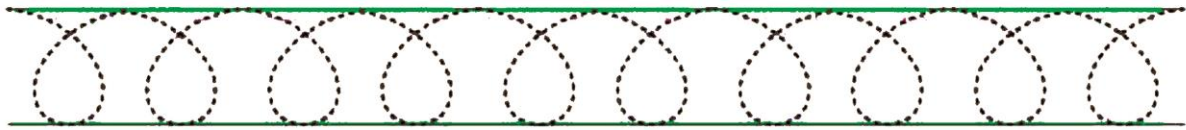
Tracing Curves

Trace the lines to make waves



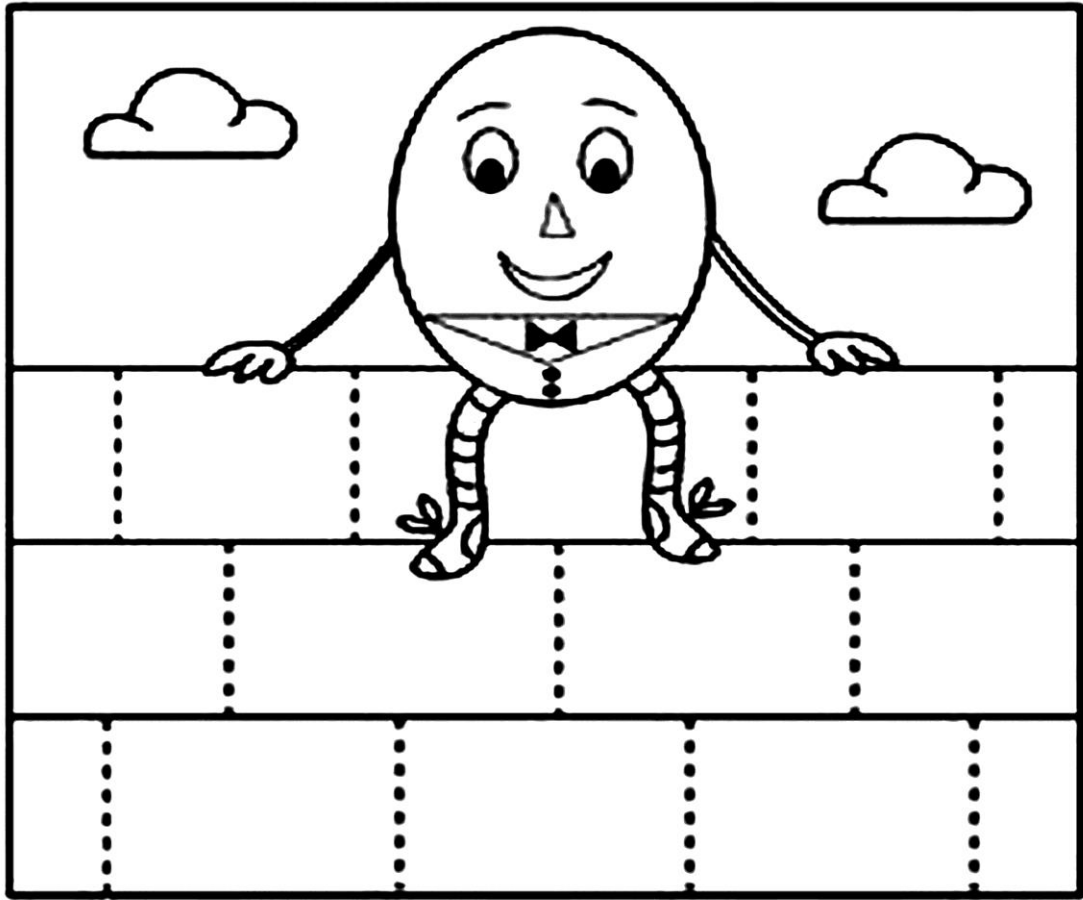
Tracing Loops

Trace the lines to make loops



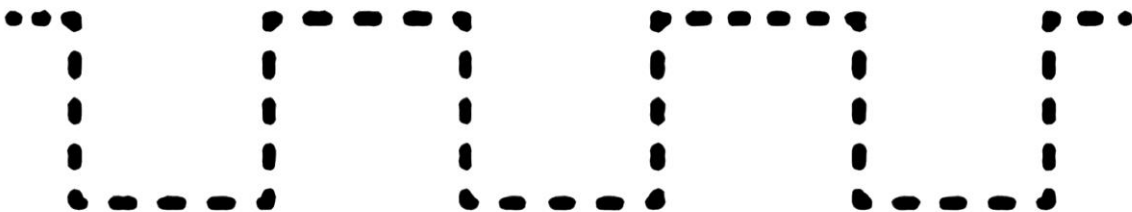
Tracing Lines

Trace the lines to make lines



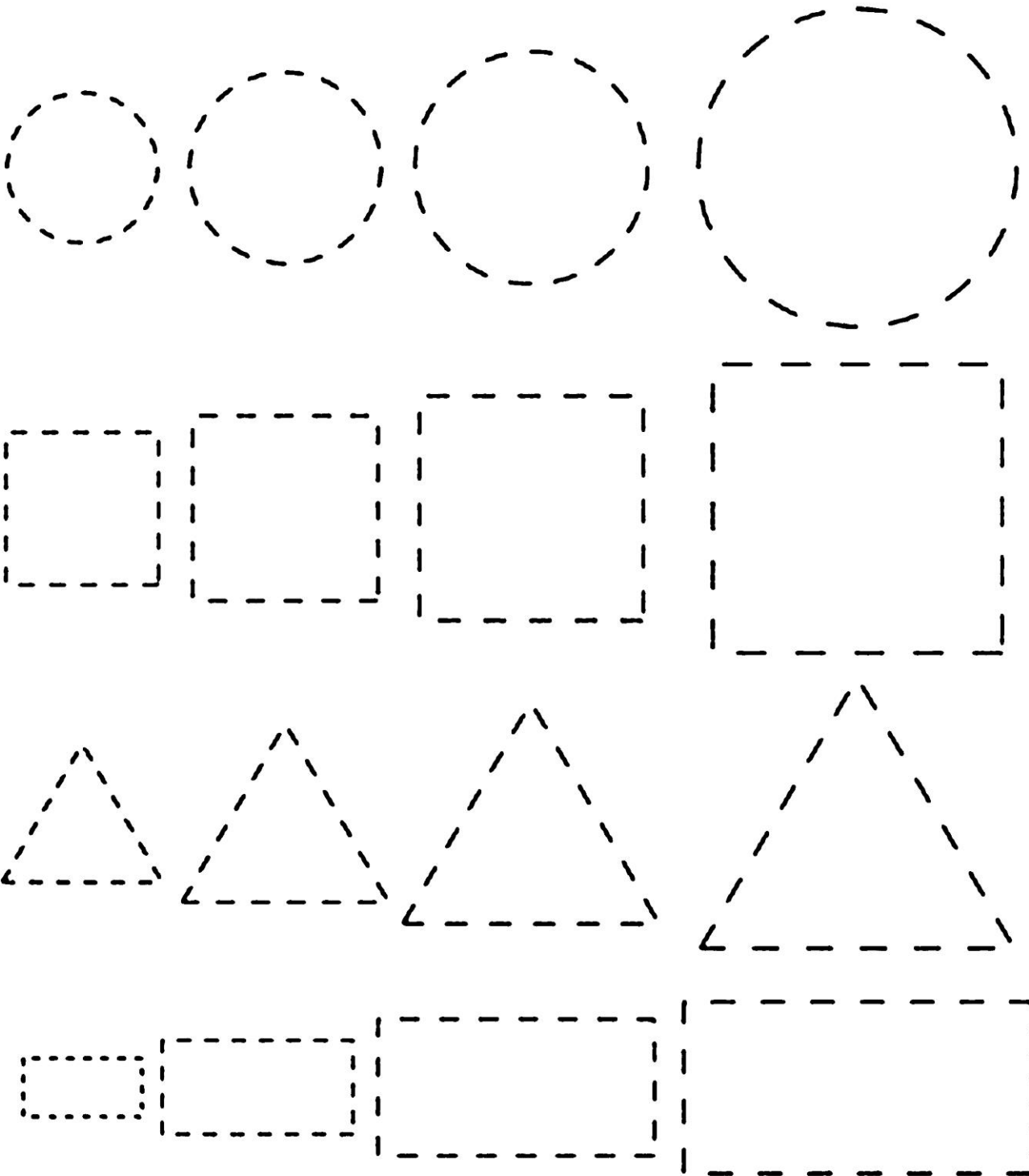
Tracing Lines

Trace the lines to make patterns



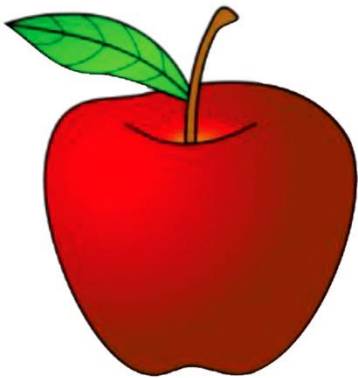
Tracing Shapes

Trace the lines to make shapes and colour them



Picture Reading

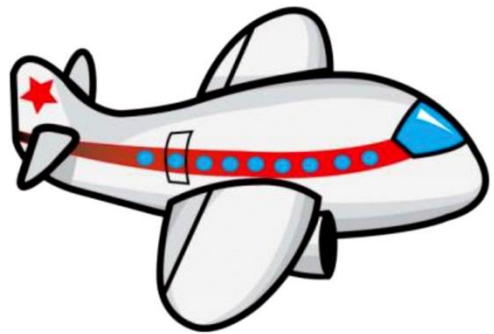
a



apple



arrow



aeroplane

b



boat



ball



book

Picture Reading

C



camera



carrot



can

d



drum



dog

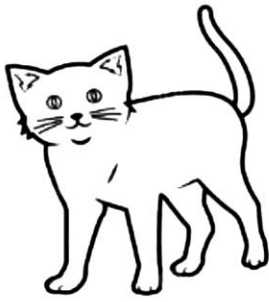


donkey

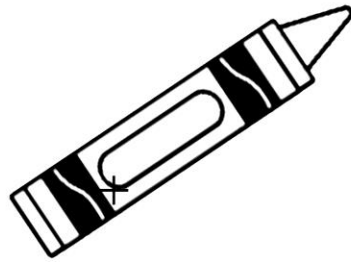
Trace and Practice

a	b	c	d
a	b	c	d

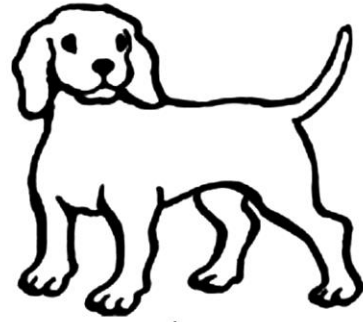
Read and colour the objects starting with "c"



cat



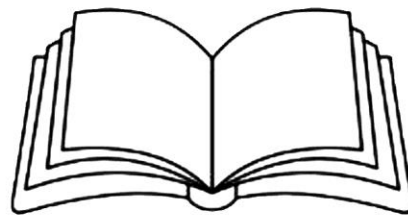
crayon



dog

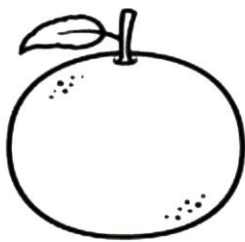


cup

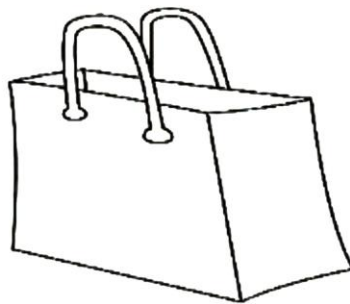


book

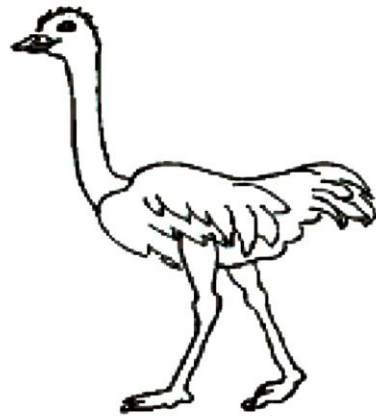
Read and colour the objects starting with "o"



orange



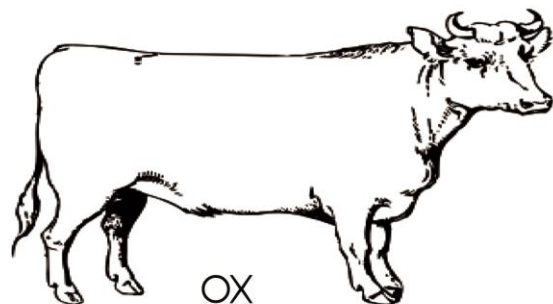
bag



ostrich

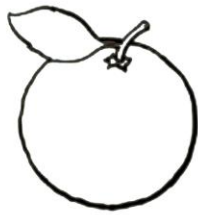


cake

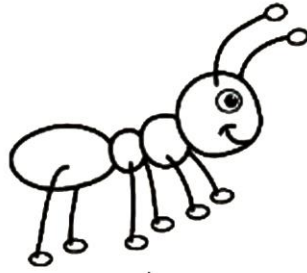


ox

Read and colour the objects starting with "a"



orange



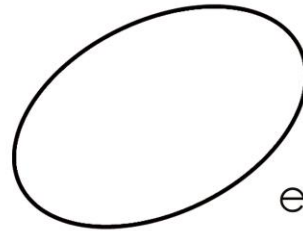
ant



arrow

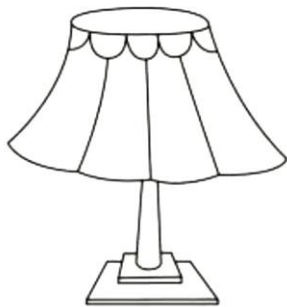


apple



egg

Colour the objects starting with "l"



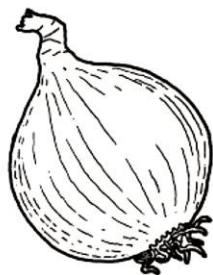
lamp



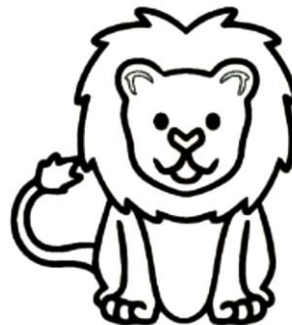
cup



ladder

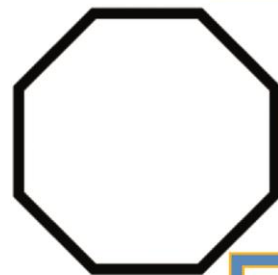
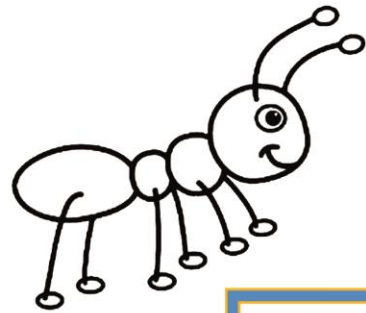
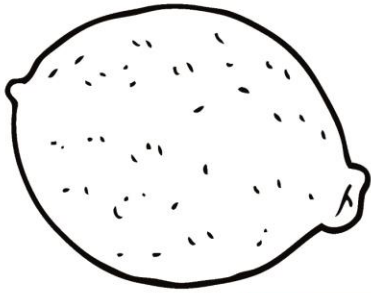


onion



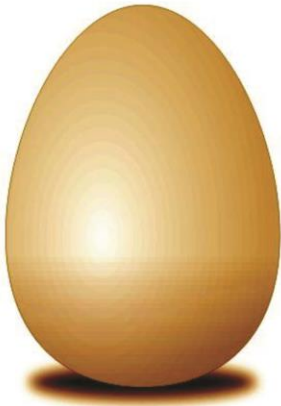
lion

Write the beginning sound of each picture in the given space



Picture Reading

e



egg

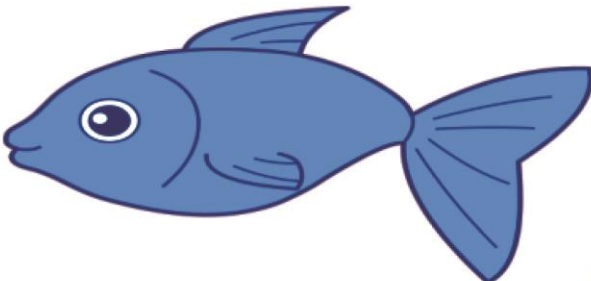


elephant



envelop

f



fish



flower



fire

Picture Reading

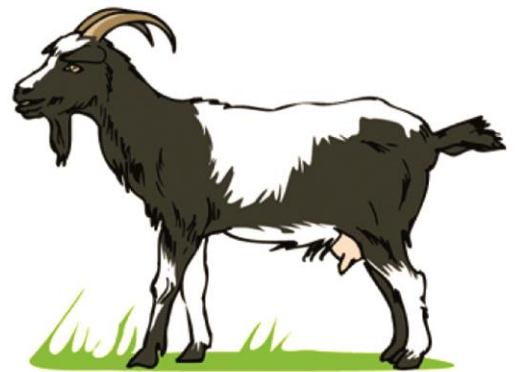
g



glass



grass

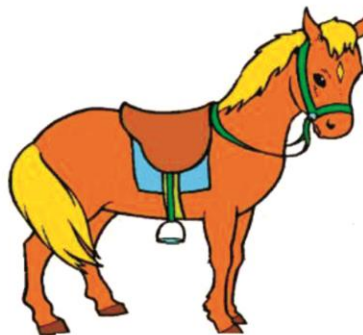


goat

h



house



horse

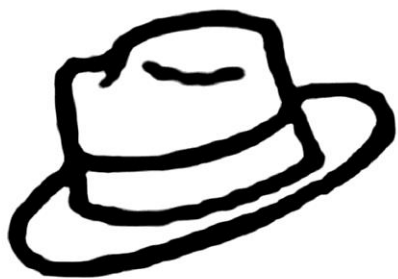


hand

Trace and Practice

e	f	g	h
e	f	g	h

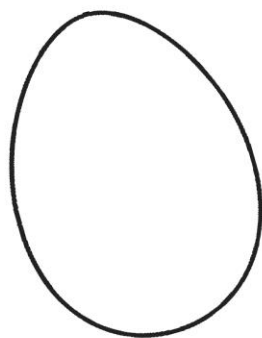
Write the beginning sounds



— at



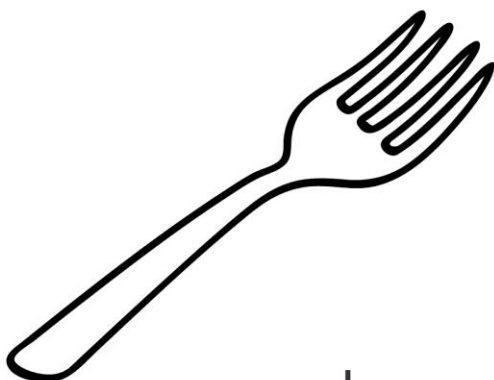
— oot



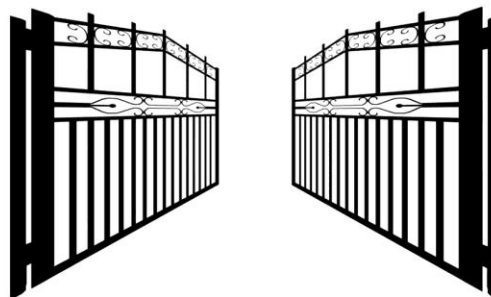
— gg



— oat



— ork



— ate

Picture Reading

i

i



ice cream

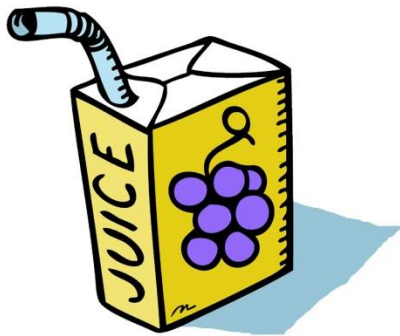


insect



ink

j



juice



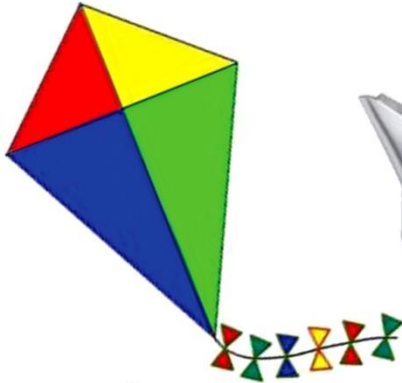
jug



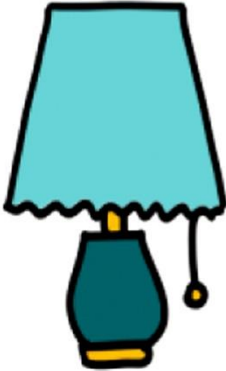
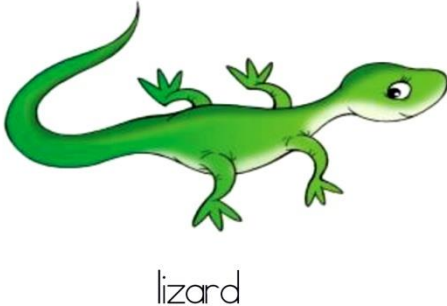
jump

Picture Reading

k



l



Trace and Practice

i	j	k	l
i	j	k	l

Write the beginning sounds and match with the correct picture
Picture Reading

 f oot

 oat

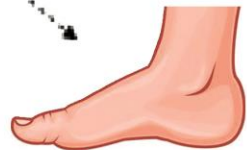
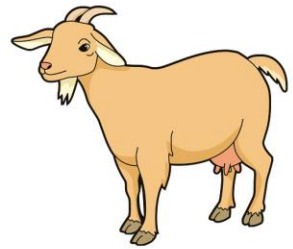
 at

 acket

 ire

 ouse

 elly



Picture Reading

m



monkey



moon



mango

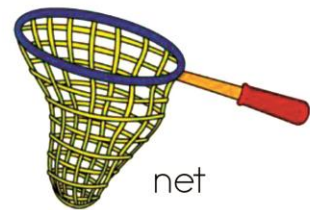
n



numbers



nest

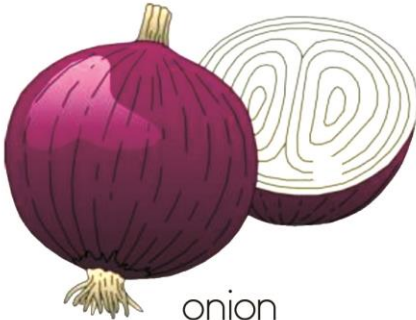


net

Picture Reading



orange



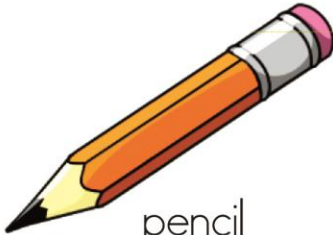
onion



oar



parrot



pencil

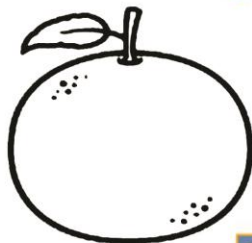
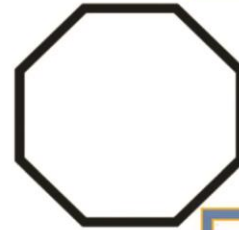
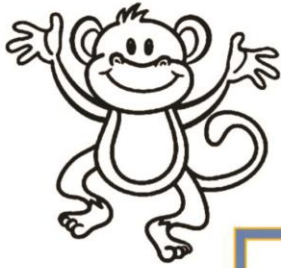


pills

Trace and Practice

m	n	o	p
m	n	o	p

Write the beginning sound of each picture in the given space



Picture Reading

q



queen

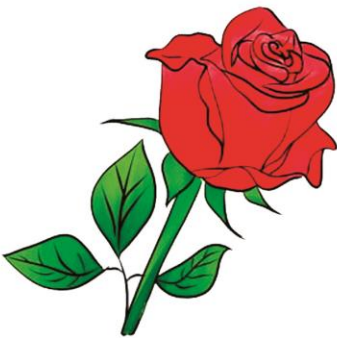


quilt



quail

r



rose



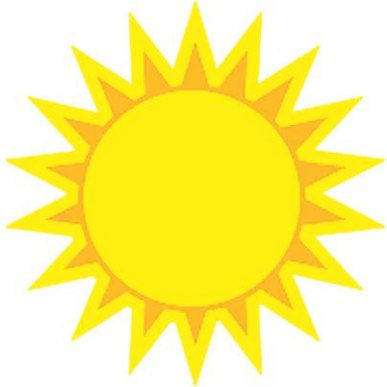
rainbow



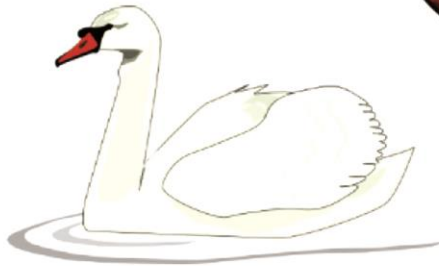
rat

Picture Reading

S



sun



swan



spade

T



tiger


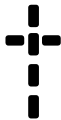






tree

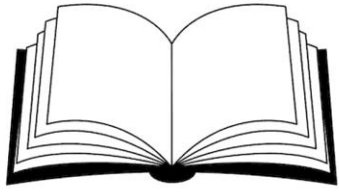


tractor

Trace and Practice

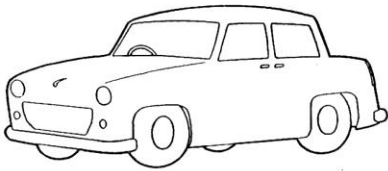
Circle the correct beginning sound



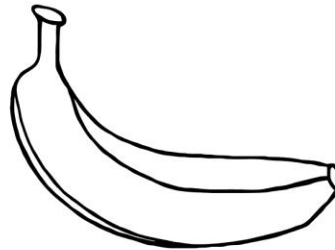
b
t



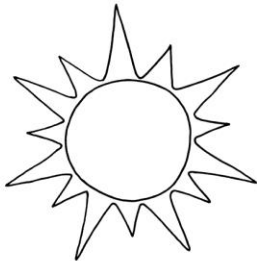
w
h



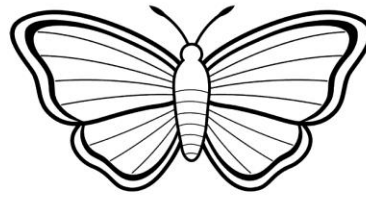
c
g



v
b



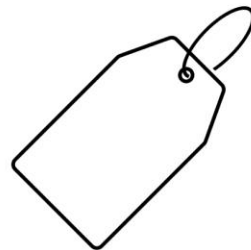
s
r



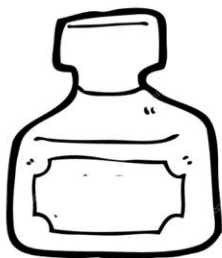
b
d



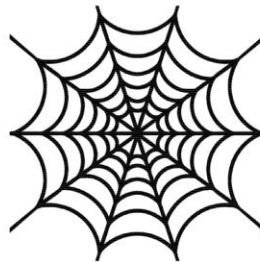
r
o



h
t



q
i



f
w

Picture Reading

U



umbrella

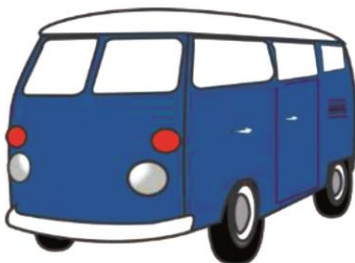


uncle

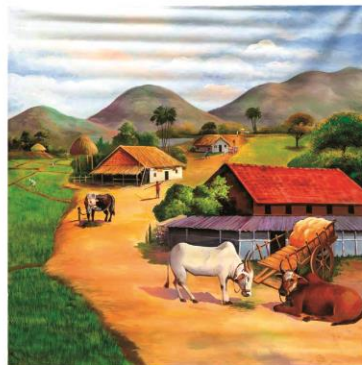


urn

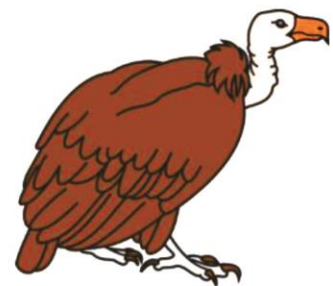
V



van



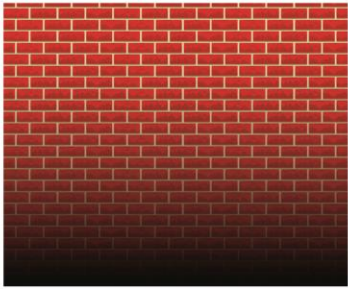
village



vulture

Picture Reading

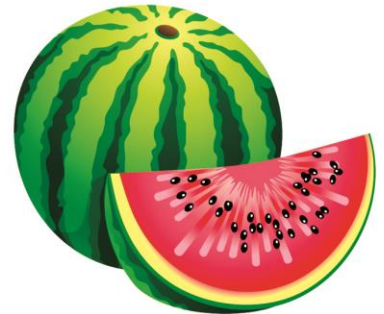
W



wall



window



watermelon

X



xylophone



x-ray



x-mas tree

Trace and Practice

u	v	w	x
u	v	w	x

Picture Reading

Y



yo-yo



yacht

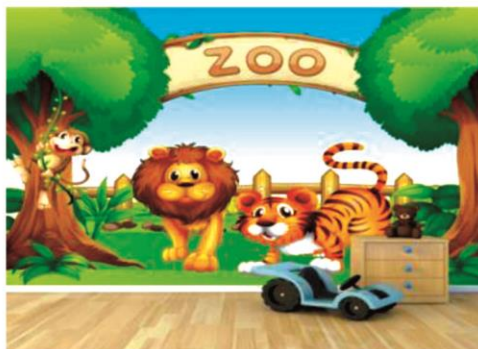


yarn

Z



zip











zoo

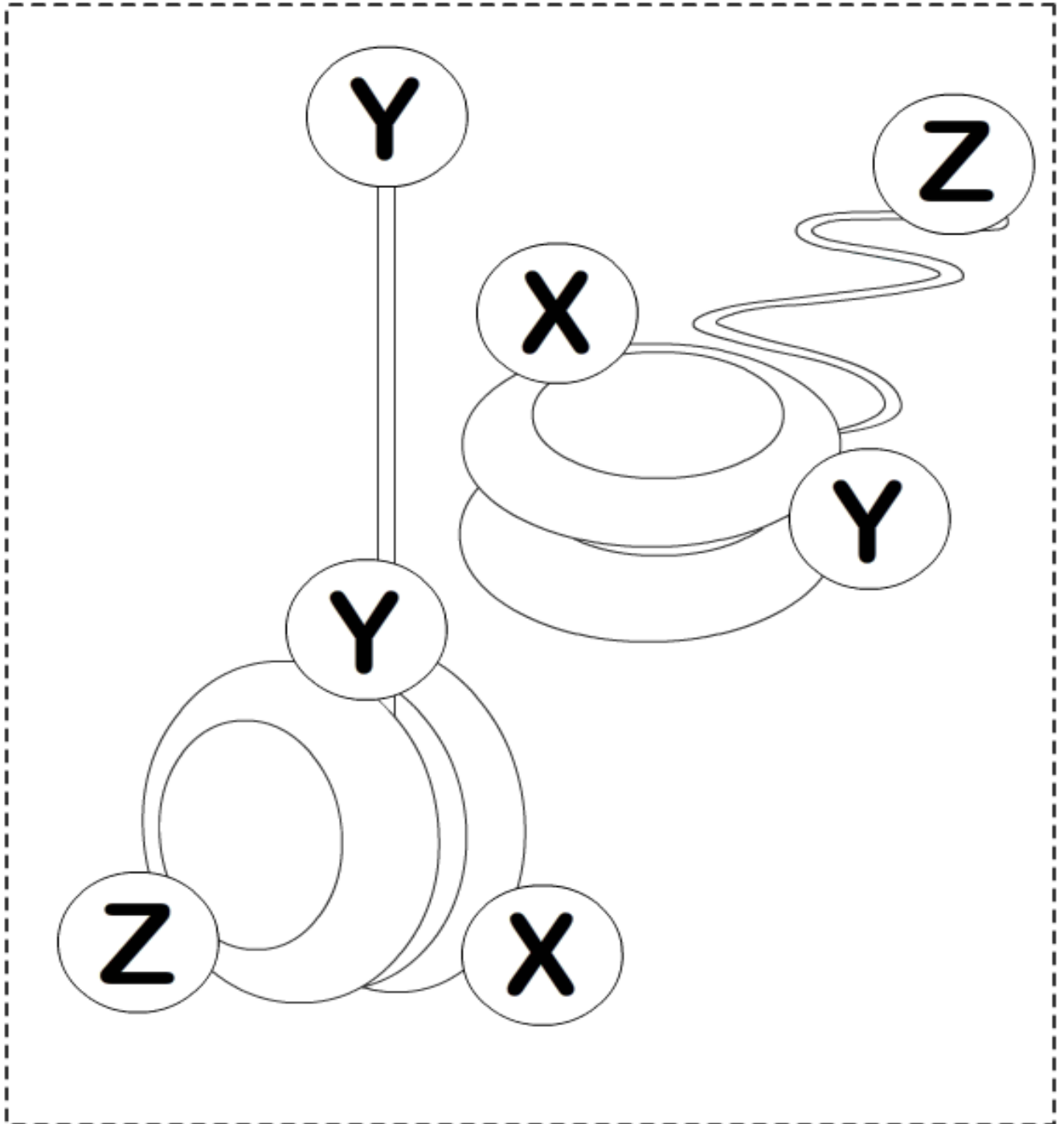
0

zero

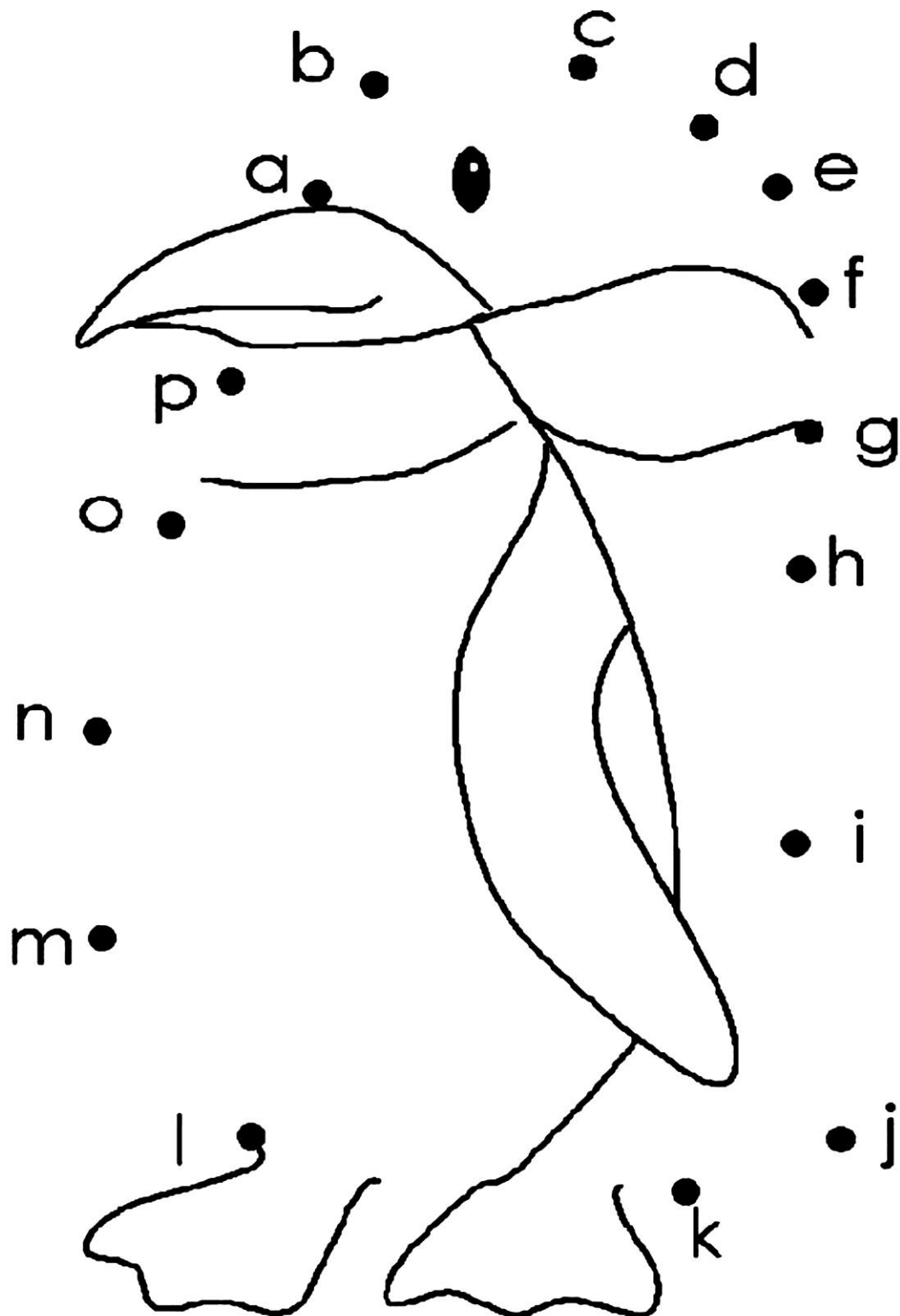
Trace and Practice

Colour the circles that have the letter y written in it



Join the dots to complete the picture



Write a—z

Name: _____

a	b	c	d	e	f	g	h
i	j	k	l	m	n	o	p
q	r	s	t	u	v	w	x
y	z						

Listening and Speaking

Oral Conversation:

- Q1. What is your name?
- Q2. How old are you?
- Q3. Where do you live?
- Q4. What is the name of your father and mother?
- Q5. How many brothers and sisters do you have?
- Q6. What is the name of your best friend?
- Q7. What game do you like to play?
- Q8. When do you feel happy? Why?
- Q9. When do you feel sad? Why?
- Q10. Can you tell me how did you spend your weekend/Eid holidays?
- Q11. Can you find a book and a pencil in your class?
- Q 12. Let's play "Simon says game".

Look and Say:

Look at the picture ¹ and answer the questions:

- Q1. What can you see in the picture?
- Q2. What are the children doing in the playground?
- Q3. Can you find few things from the picture that are there in your classroom also?
- Q4. What would you like to do during your vacations?

¹ Different pictures from the story books, magazines, newspapers can be used. Questions will vary according to the pictures shown.

Story Time:

"The Thirsty Crow"



New Words:

crow

little

pot

stones

thirsty

brought

flew

away

water

level

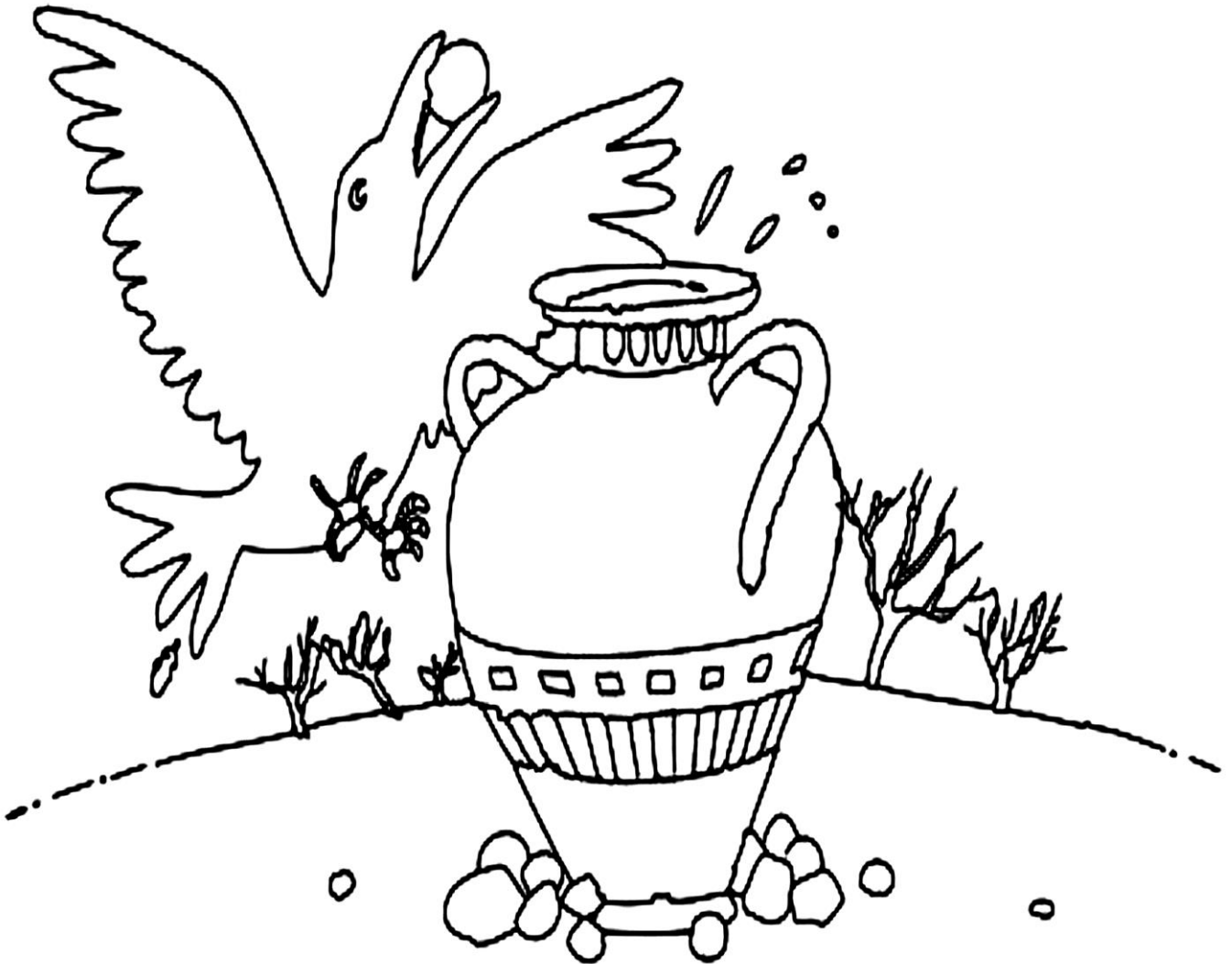
drank

happily

One hot day, a thirsty crow was in search of water. He found a pot with very little water in it. He brought some stones and threw them in the pot to bring the water level up. The water came up and the crow drank the water. He flew back happily.

Moral: Everything is possible

Colour the given picture:



Let's sing.....



ایک کوّا پیاسا تھا


ایک کوّا پیاسا تھا
جگ میں تھوڑا پانی تھا
کوے نے ڈالا کنکر
پانی آیا اوپر
کوے نے پی پانی
ختم ہوئی کہانی

TheWiseNest.com

Once I Saw a Little Bird

An Old Nursery Rhyme

Once I saw a little bird
Come hop, hop, hop;
So I cried, "Little bird,
Will you stop, stop, stop?"



Writing Time:

A poem by: _____

(Child's name)

Note for the teacher:

Encourage children to create their own poem by using the word bank and pictures. Word bank can be made on the board or words can be displayed on the softboard/walls.

It's FUN to read



New Words:

lion

mouse

forgive

help

friends

time

hunter

nibbled

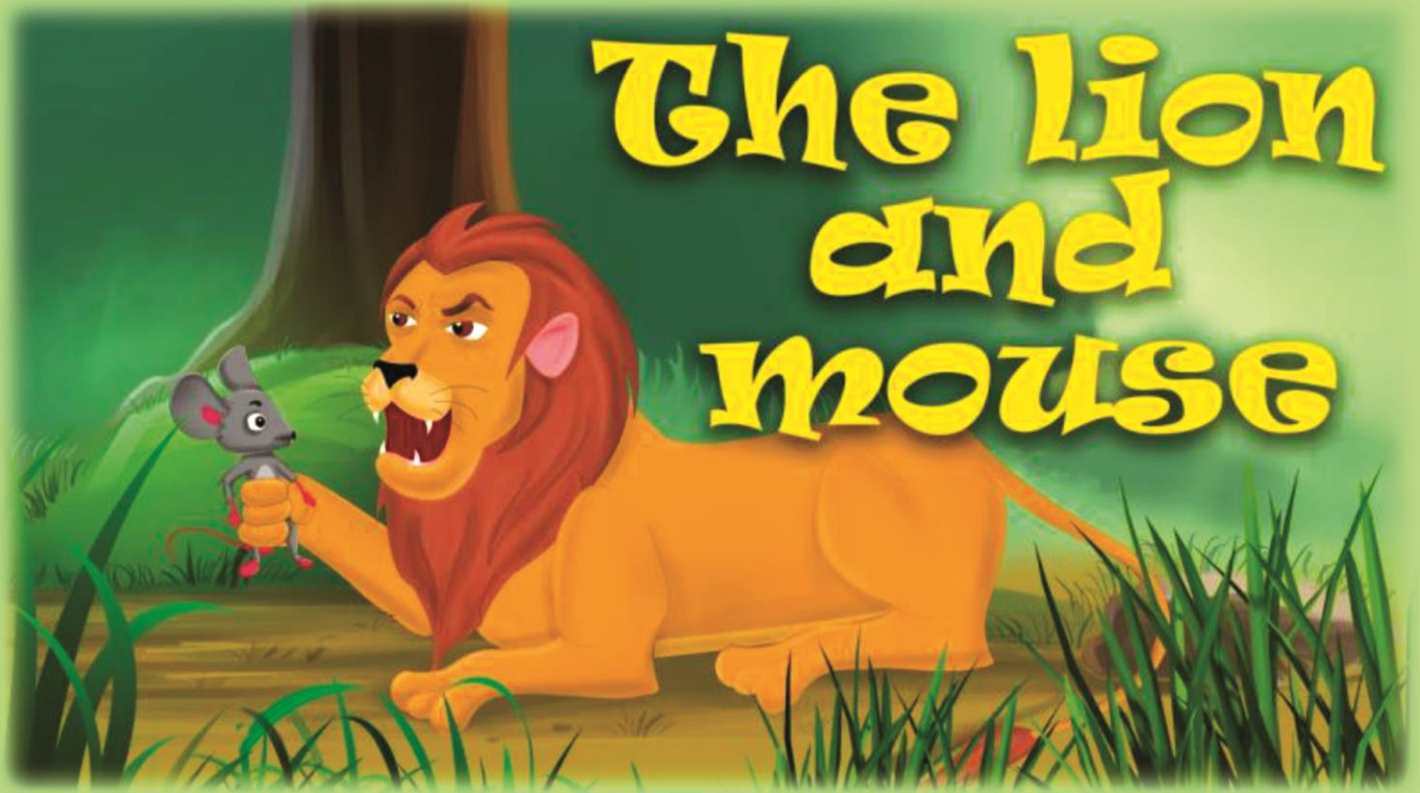
promised

Colour the picture:



Story Time:

"The Lion and the Mouse"



One day a lion was sleeping in the jungle when a little mouse disturbed him. He got angry and wanted to kill the little mouse but the mouse asked to forgive him. He promised the lion that he will never disturb him again. And promised him that he will help him whenever there will be a need. The lion got happy and set the mouse free.

The next day, the lion got caught in the net by few hunters. He was crying for help when the little mouse heard him and quickly came for help. The little mouse nibbled the net and set the lion free. The lion was happy and they became friends forever.

Moral: Even the smallest friend is valuable.

Note for the teacher: The teacher will narrate the story and children will listen carefully

My Favourite Story

The story I like is.....

The animals mentioned in this story are:

Draw your favourite scene from the story:

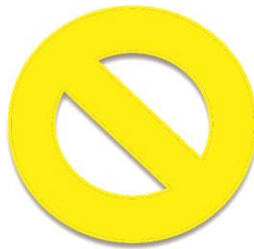


Basic Mathematical Concepts

1. Look at the given pictures and try to identify the colours



red



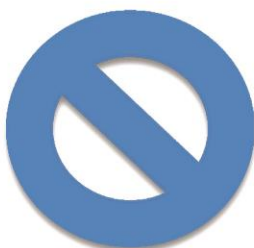
yellow



orange

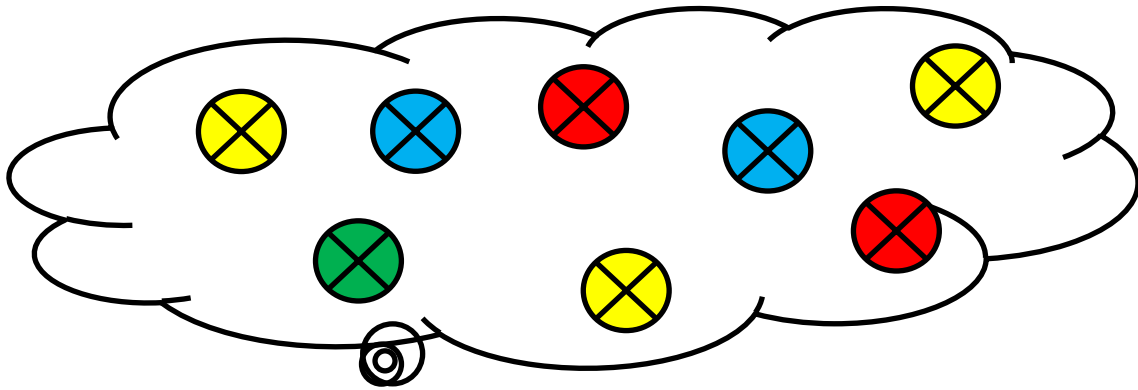


green

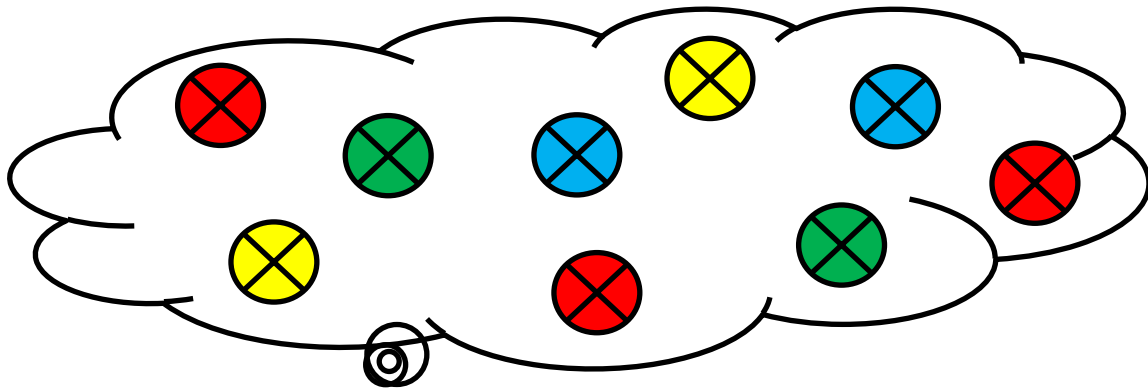


blue

2. Circle the yellow buttons from the given cloud



3. Circle the red buttons from the given cloud



Nature walk

Draw and colour any 3 green things and 3 blue things that you saw during your nature walk in the given banners:

green things

blue things

Note for the teacher: Take children for a nature walk in the school ground/garden and let them observe the different colours in the environment

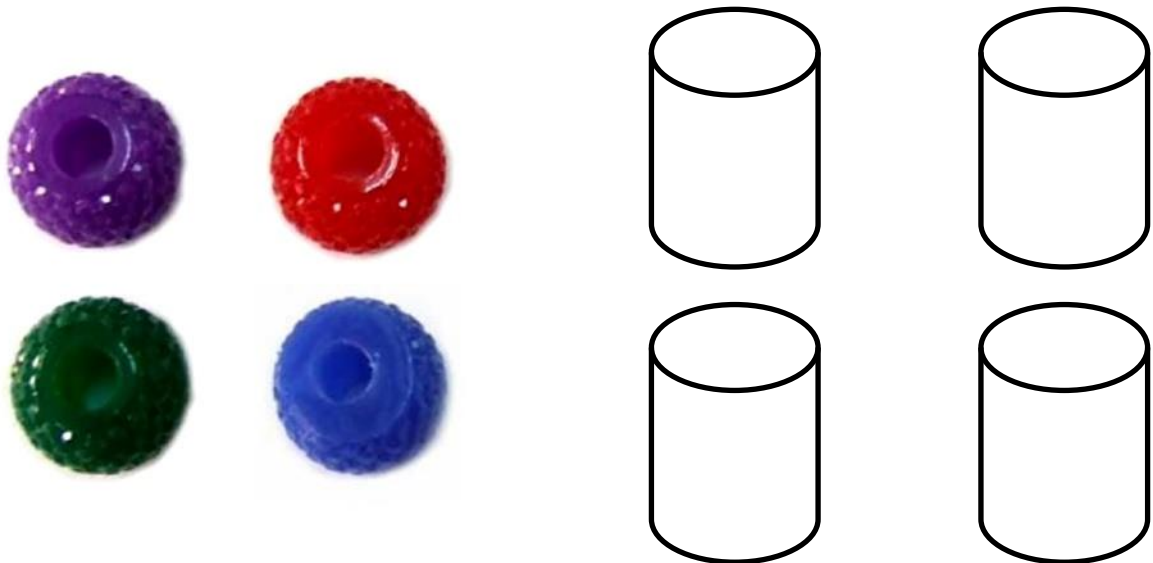
Rhyme Time:

Let's sing...

*Red, red the apple is red.
The apple is red, red, red.
Green, green the tree is green,
Green green the tree is green.
The tree is green green green.
Blue, blue the sky is blue.
Blue, blue the sky is blue.
The sky is blue blue blue.....*

Activity:

From the given jar of colourful beads, classify the beads according to their colour and sizes. After classifying, put them into different containers.

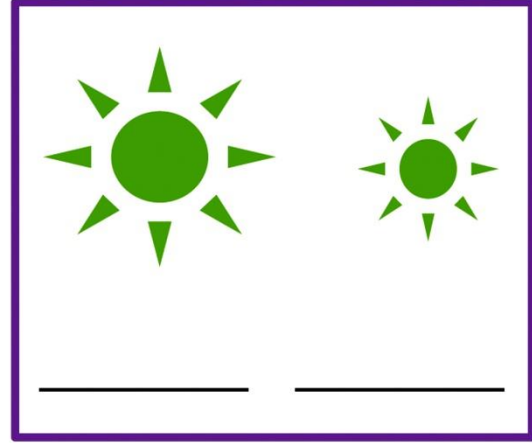
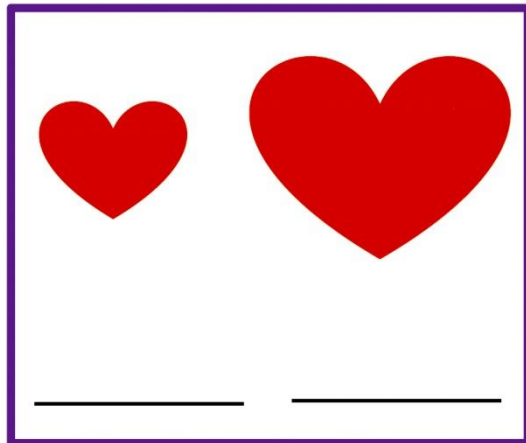
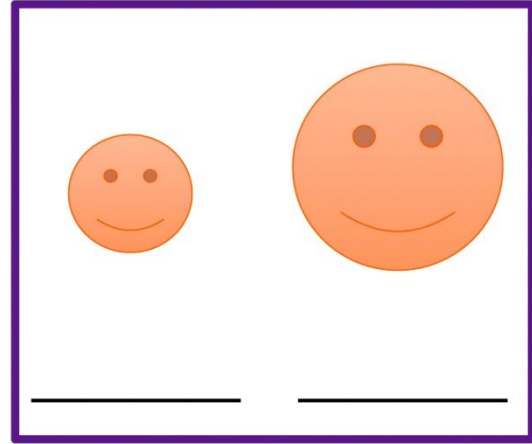


Note for the teacher:

- More rhymes on colours can also be sung
- A jar containing beads of red, blue, green and yellow colour will be put in. They will be in two different sizes. Teacher will make the children sit in groups of 4's and will give one jar with some containers in each group to do the activity.

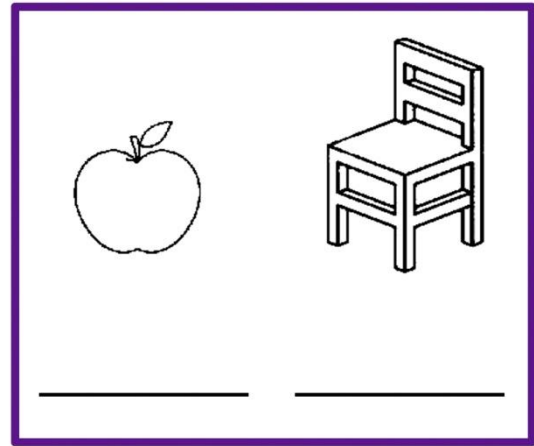
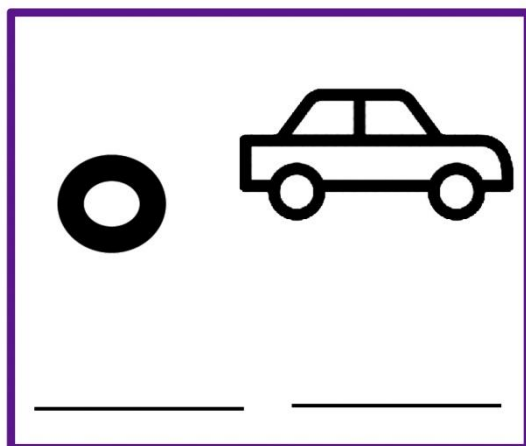
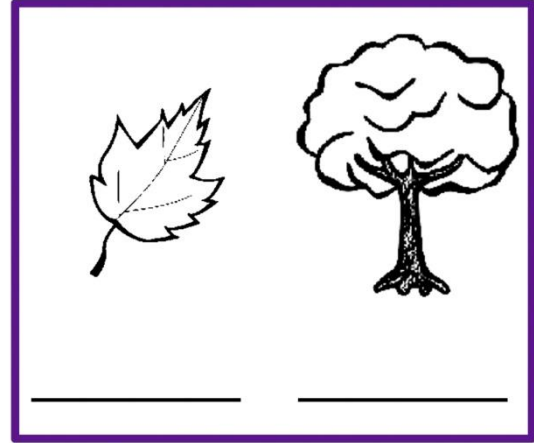
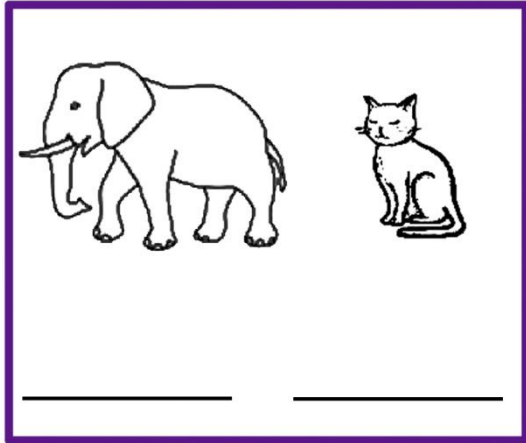
Big and Small

1. In each pair, circle the **big** one with **red** colour and **small** one with **blue** colour. Then write "big" and "small":



Note for the teacher: Use classroom resources to introduce the concept of big-small and heavy-light.

2. From each box, colour the heavy one yellow and light one green. Then write "big" and "small":



Activity:

Gather pebbles and leaves from the playground/garden. Classify the big pebbles, the small pebbles, the small leaves and the big leaves. Count how many have you collected and record in the given checklist:

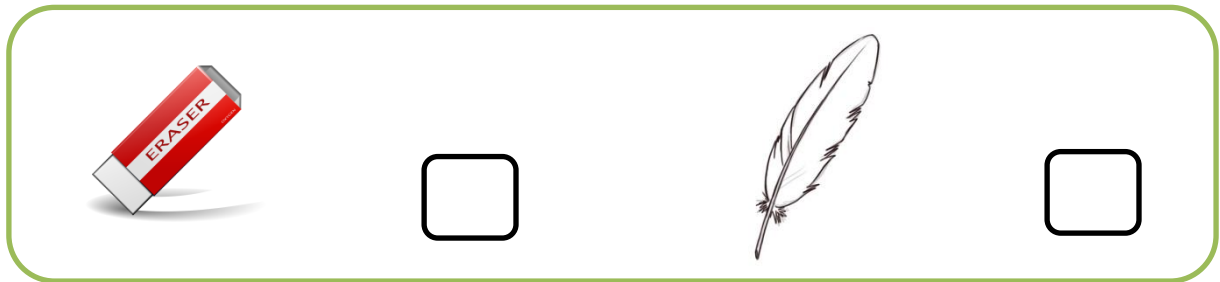
Big pebbles	Small pebbles	Big leaves	Small leaves

Putting things in order:

Activity:

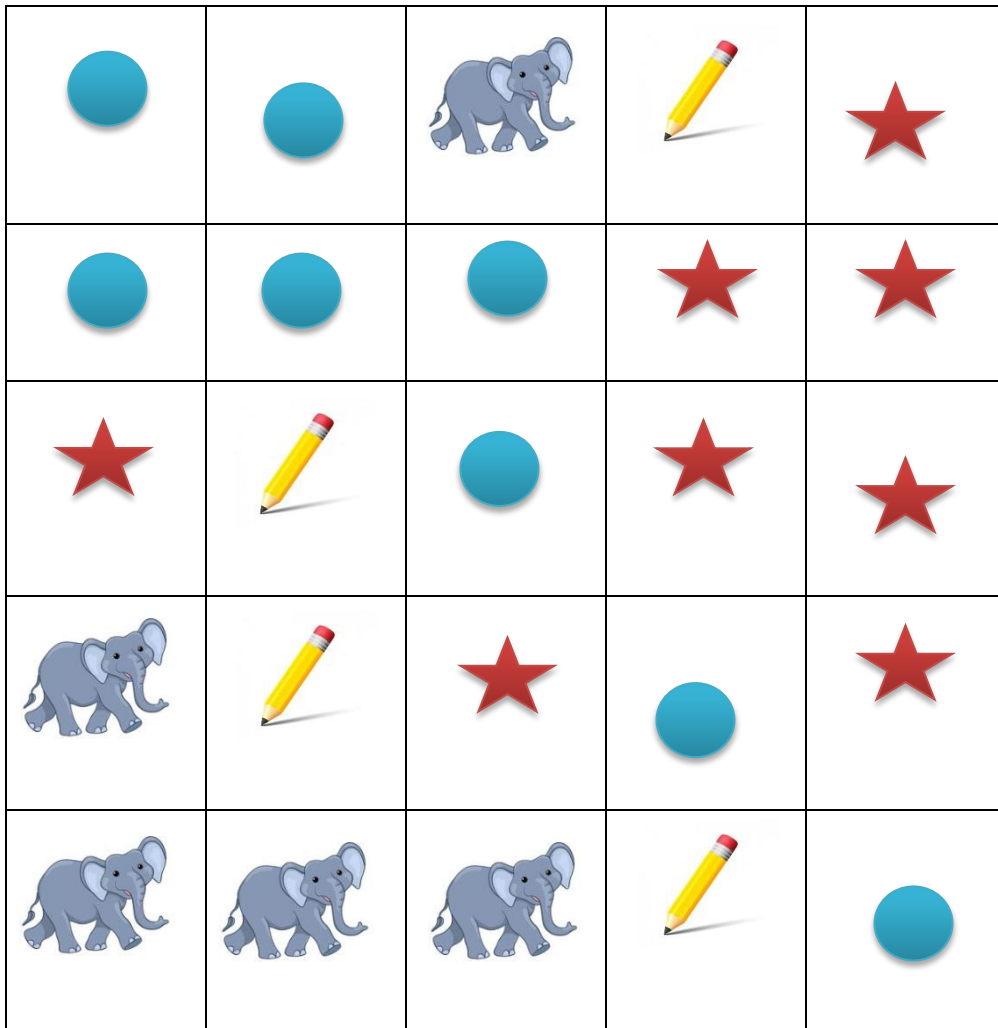
Let's collect some books, pencils, erasers and small toys from the classroom. Observe them and predict their weight going from lightest to heaviest and from heaviest to lightest. Now do an experiment by using a balancing scale to weigh these objects.

1. From each pair of things number the given objects from **lightest to heaviest** by giving them numbers. The lightest object will be given 1 and heaviest object will be given 2.



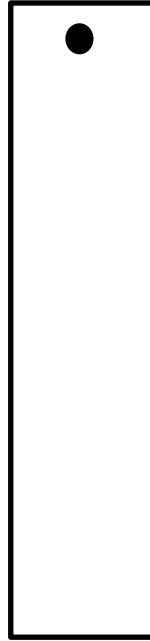
1. Solve the given crossword puzzle with the help of the given clues:

- 3 heavy elephants
- 4 red stars
- 2 small pencils
- 5 blue circles



Number 1

Trace the number five times starting from the dot



1 car



For the teacher: Give sand trays to children to practice tracing 1
Trace the number and write 1 in the blank boxes

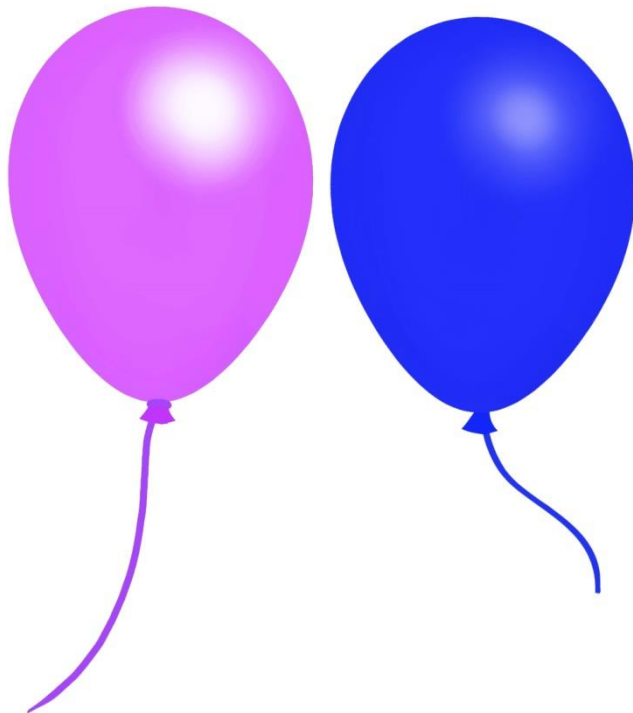
⋮	⋮	⋮	⋮
⋮	⋮	⋮	⋮

Number 2

Trace the number five times starting from the dot



2 balloons



For the teacher: Give sand trays to children to practice tracing 2
Trace the number and write 2 in the blank boxes

2	2	2	2
2	2	2	2

Number 3

Trace the number five times starting from the dot



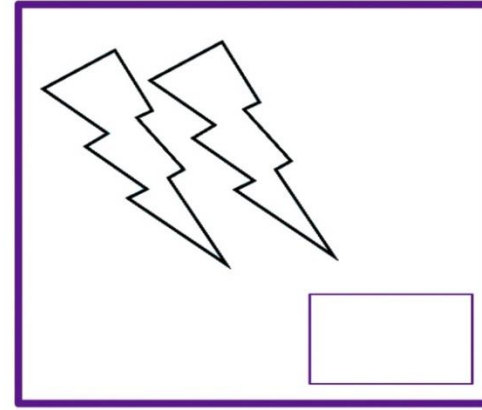
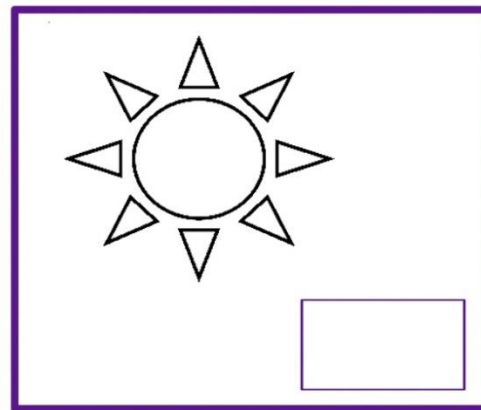
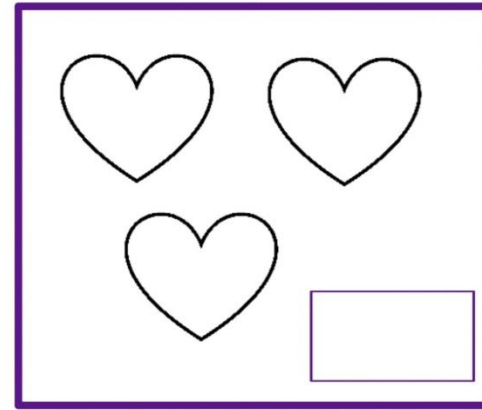
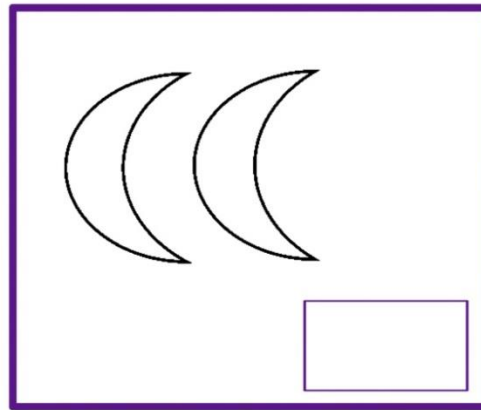
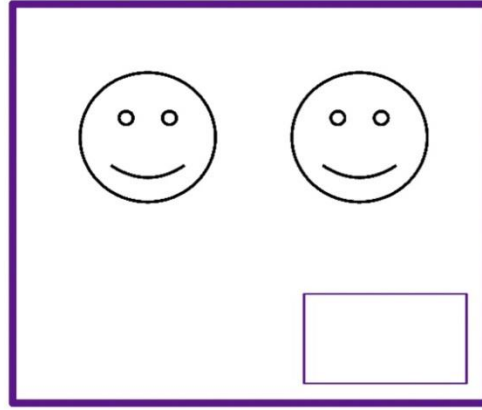
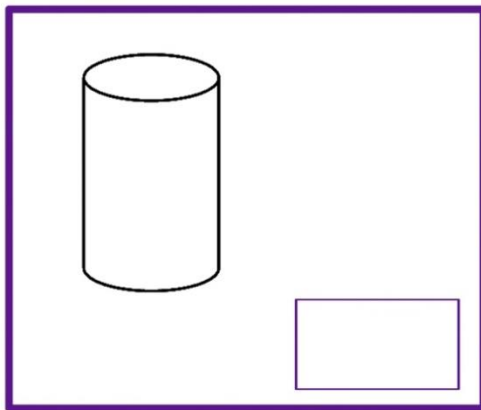
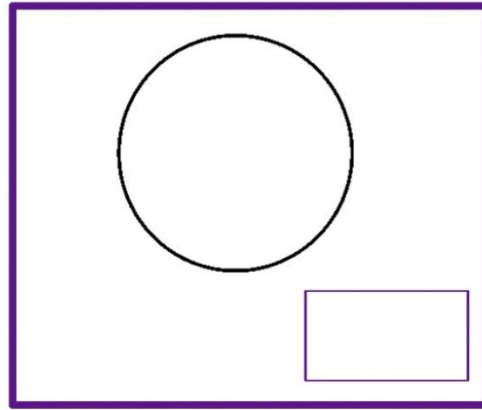
3 cups



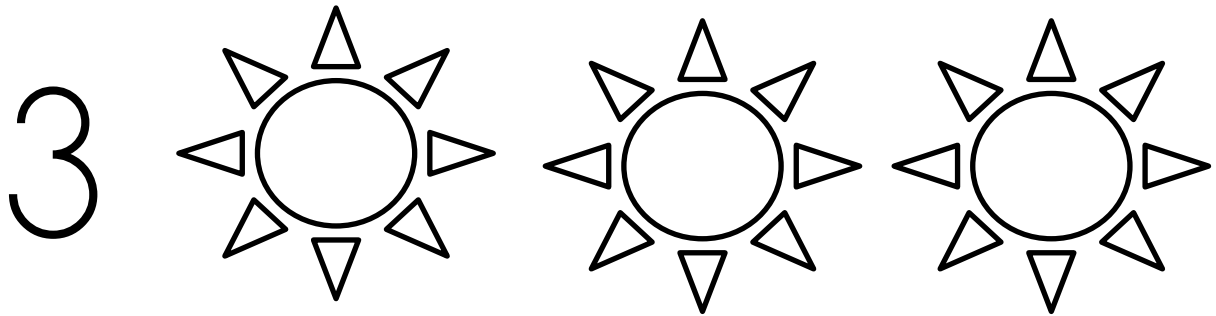
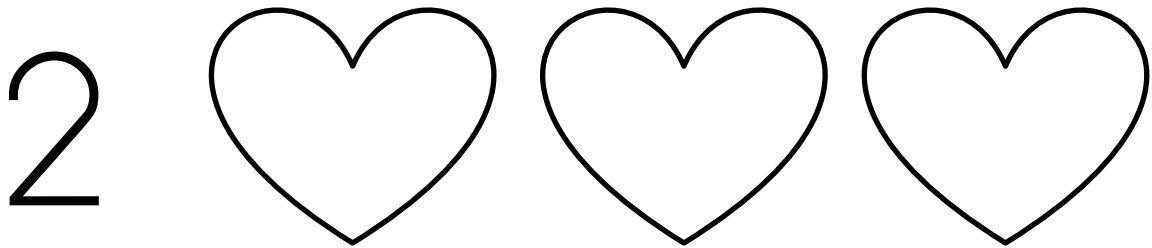
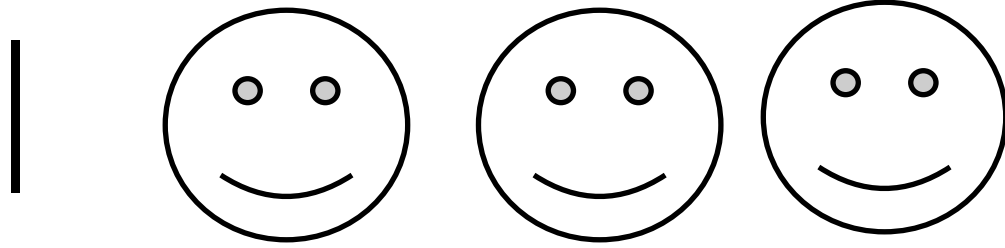
For the teacher: Give sand trays to children to practice tracing 3
Trace the number and write 3 in the blank boxes

3	3	3	3
3	3	3	3

Count and write the quantity in the given box

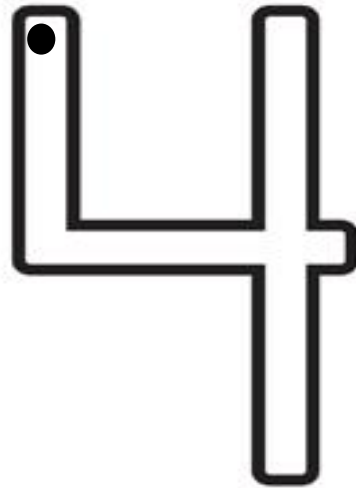


Colour the correct number of objects in each row



Number 4


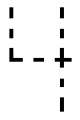
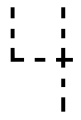
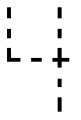
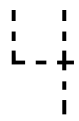
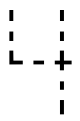
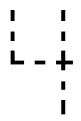
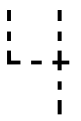
Trace the number five times starting from the dot



4 jars



For the teacher: Give sand trays to children to practice tracing 4
Trace the number and write 4 in the blank boxes

Number 5

Trace the number five times starting from the dot



5 candles



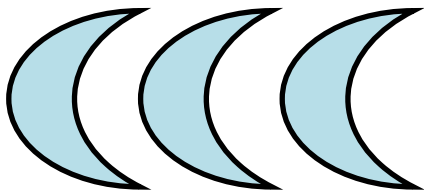
For the teacher: Give sand trays to children to practice tracing 5
Trace the number and write 5 in the blank boxes

5	5	5	5
5	5	5	5

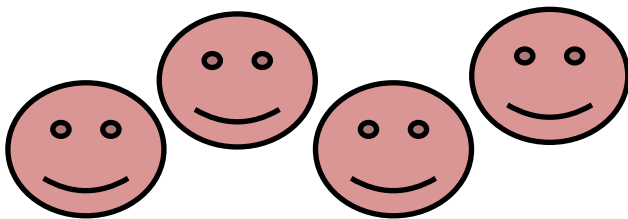
Count and match



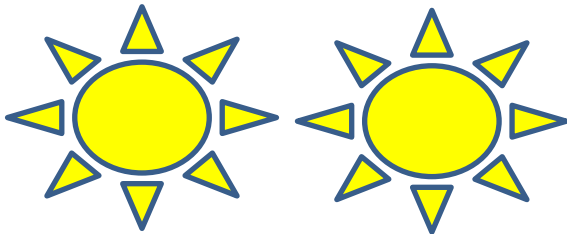
3



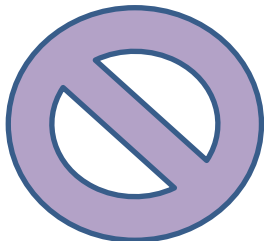
2



1



5



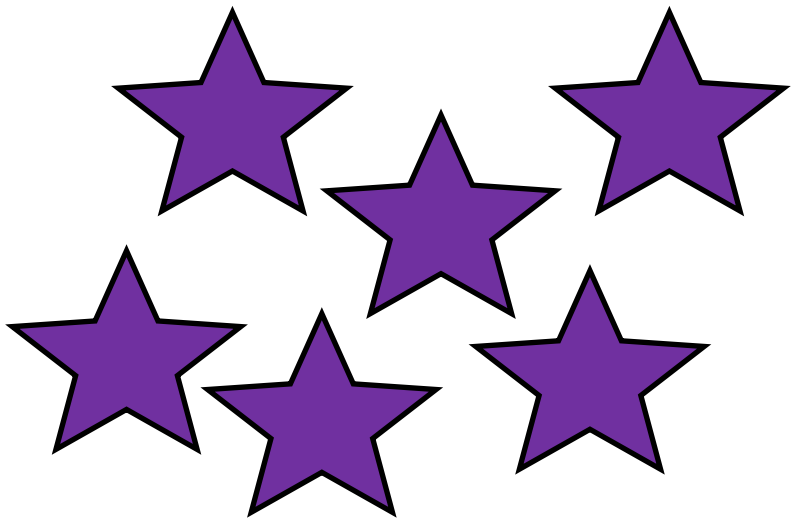
4

Number 6

Trace the number five times starting from the dot



6 stars



For the teacher: Give sand trays to children to practice tracing 6
Trace the number and write 6 in the blank boxes

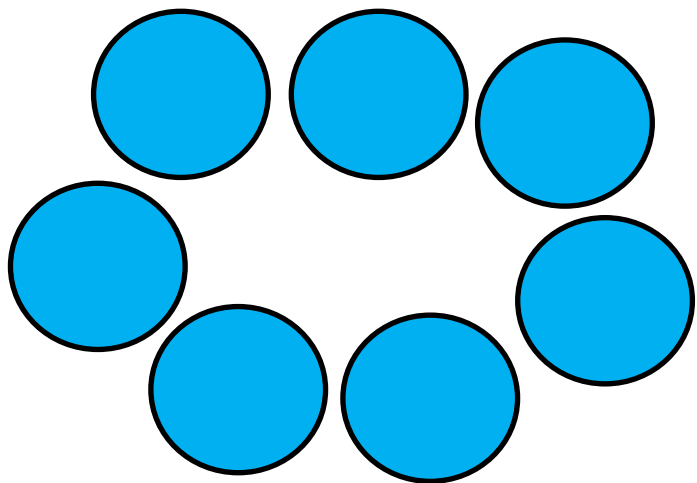
6	6	6	6
6	6	6	6

Number 7

Trace the number five times starting from the dot



7 circles

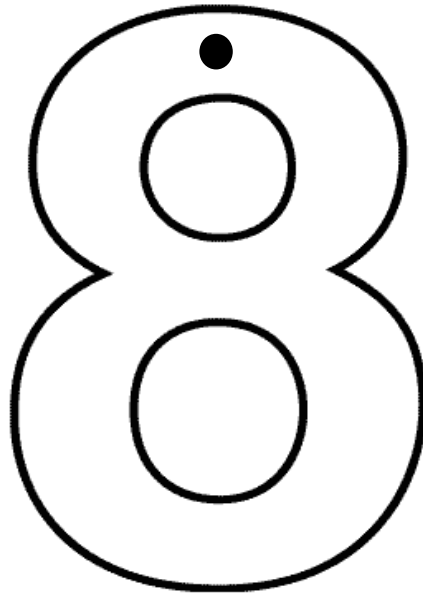


For the teacher: Give sand trays to children to practice tracing 7
Trace the number and write 7 in the blank boxes

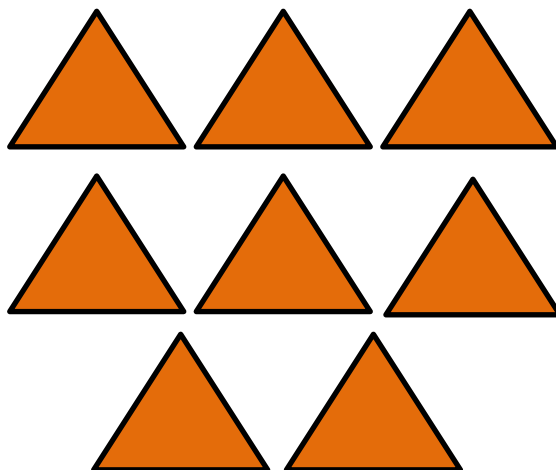
7	7	7	7
7	7	7	7

Number 8

Trace the number five times starting from the dot



8 triangles



For the teacher: Give sand trays to children to practice tracing 8
Trace the number and write 8 in the blank boxes

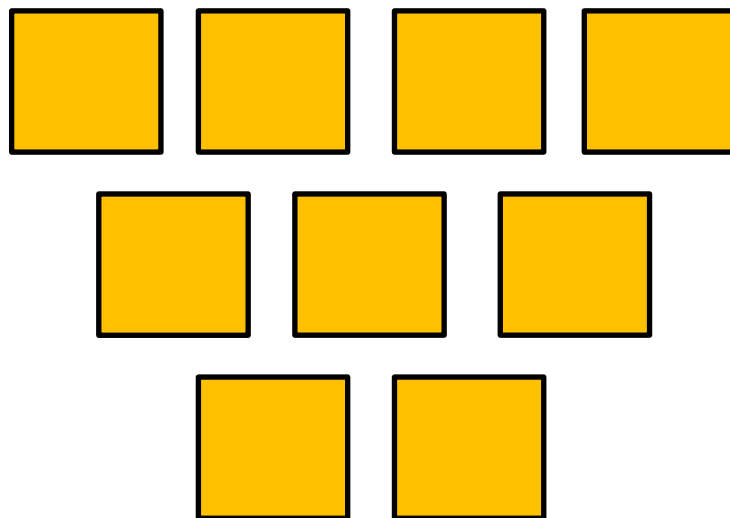
8	8	8	8
8	8	8	8

Number 9

Trace the number five times starting from the dot



9 squares



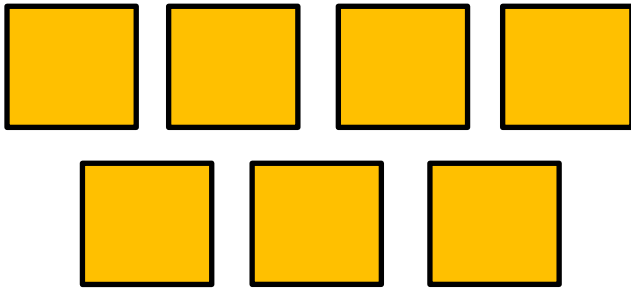
For the teacher: Give sand trays to children to practice tracing 9
Trace the number and write 9 in the blank boxes

9	9	9	9
9	9	9	9

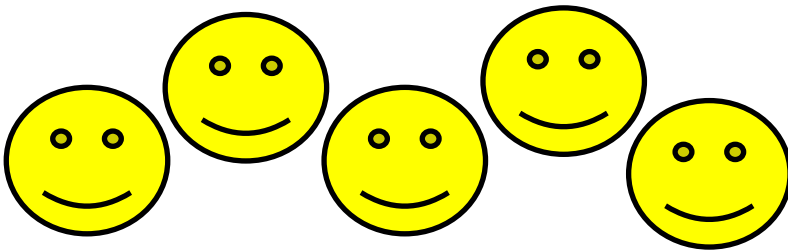
Count and match



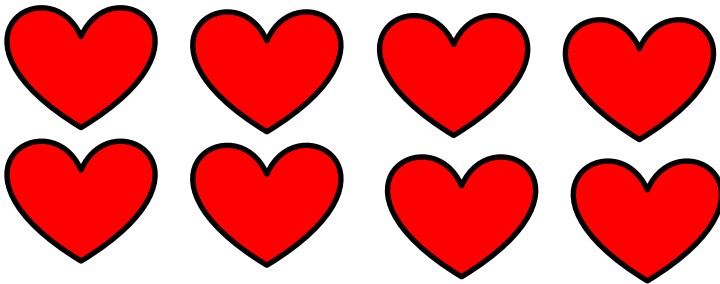
7



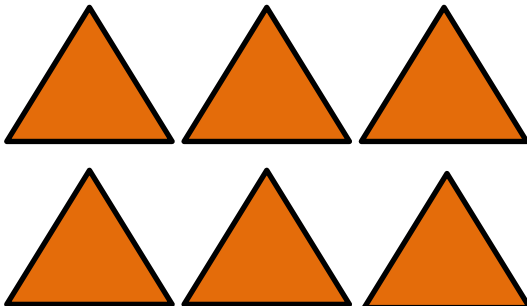
6



8

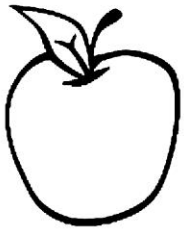


5

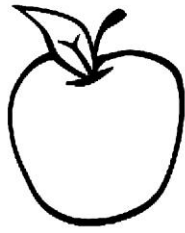


9

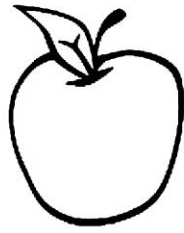
Draw seeds in each apple according to the number given below of each:



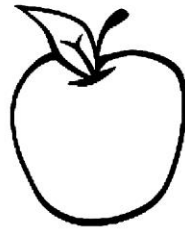
1



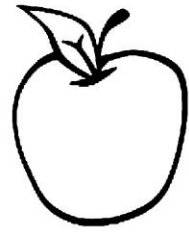
2



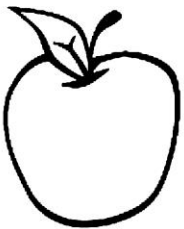
3



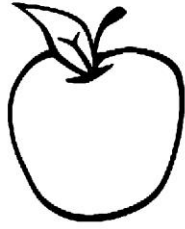
4



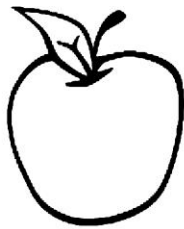
5



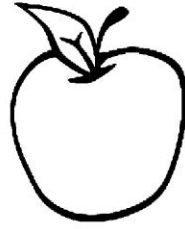
6



7

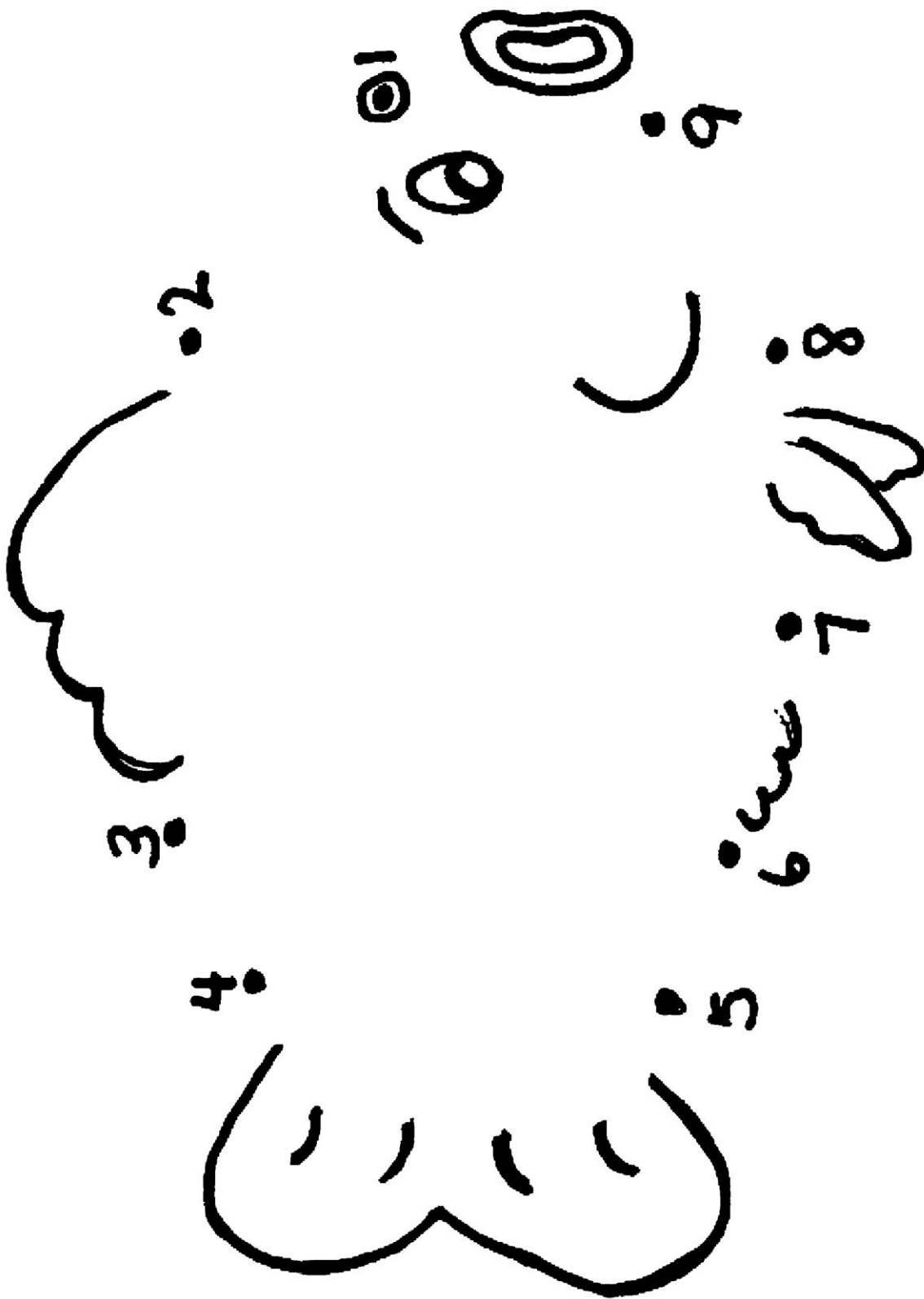


8



9

Join the dots to complete the picture:

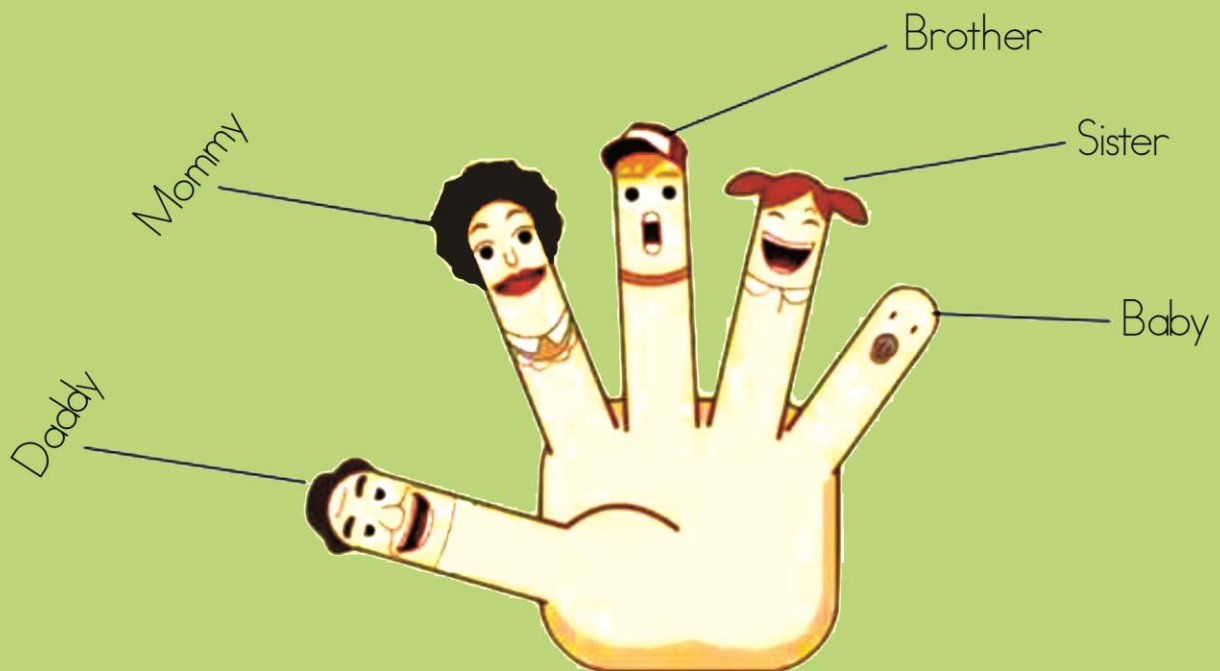




The World Around Us

The Finger Family

Daddy finger daddy finger where are you?
Here I am, here I am
How do you do?
Mommy finger mommy finger where are you?
Here I am, here I am
How do you do?
Brother finger brother finger where are you?
Here I am, here I am
How do you do?
Sister finger sister finger where are you?
Here I am, here I am
How do you do?
Baby finger baby finger where are you?
Here I am, here I am
How do you do?



Draw or paste pictures of your family members in this family tree



Story Time

Teacher will tell the story "Living and Learning Together" by sharing the moral of the story with the children



Living and Learning Together

Colour the pictures of the work that you do at home to help your parents



"Hey, my boomerang came back!"



Make a "Thank You card" for your family to show how much you love them



Planting Activity

Step 1: Take a jar or a small pot and fill it with soil.

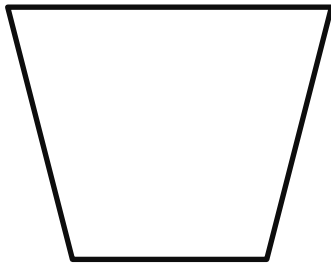
Step 2: Put few bajra seeds in the soil and spray some water on the soil.

Step 3: Put the pot/jar outside the room where it can get fresh air and sunlight

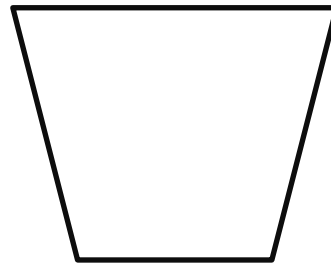
Step 4: Observe the seeds growing into tiny plants

Step 6: Draw the entire procedure of growing the seeds into tiny plants according to the steps in the given space.

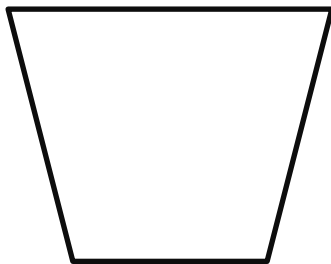
Step 1:



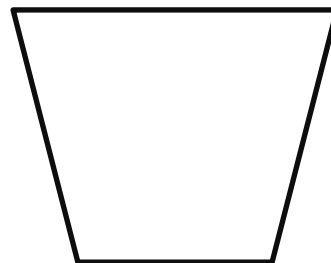
Step 2:



Step 3:

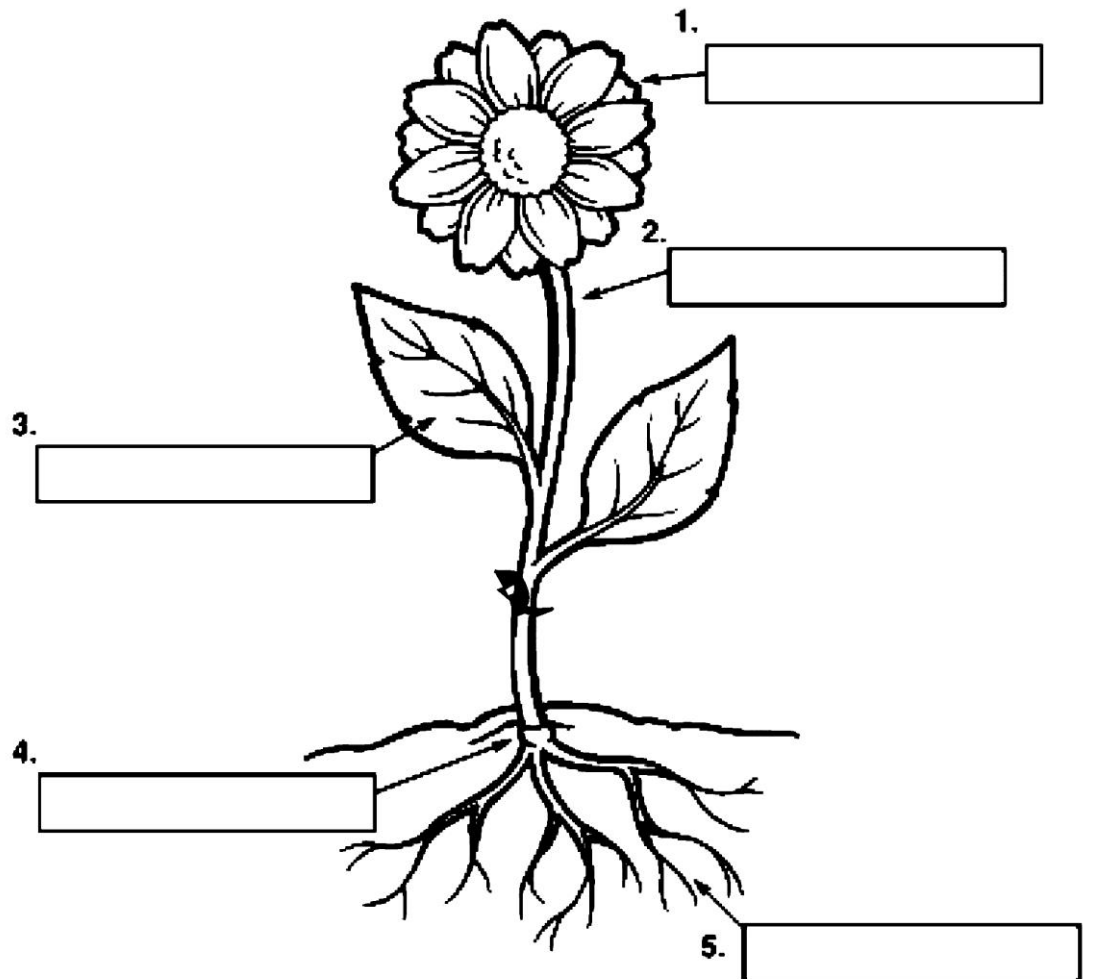


Step 4:



Parts of a Plant

Cut out the words given below. Paste each part in the right box to name all the parts of a plant correctly.



Story Time

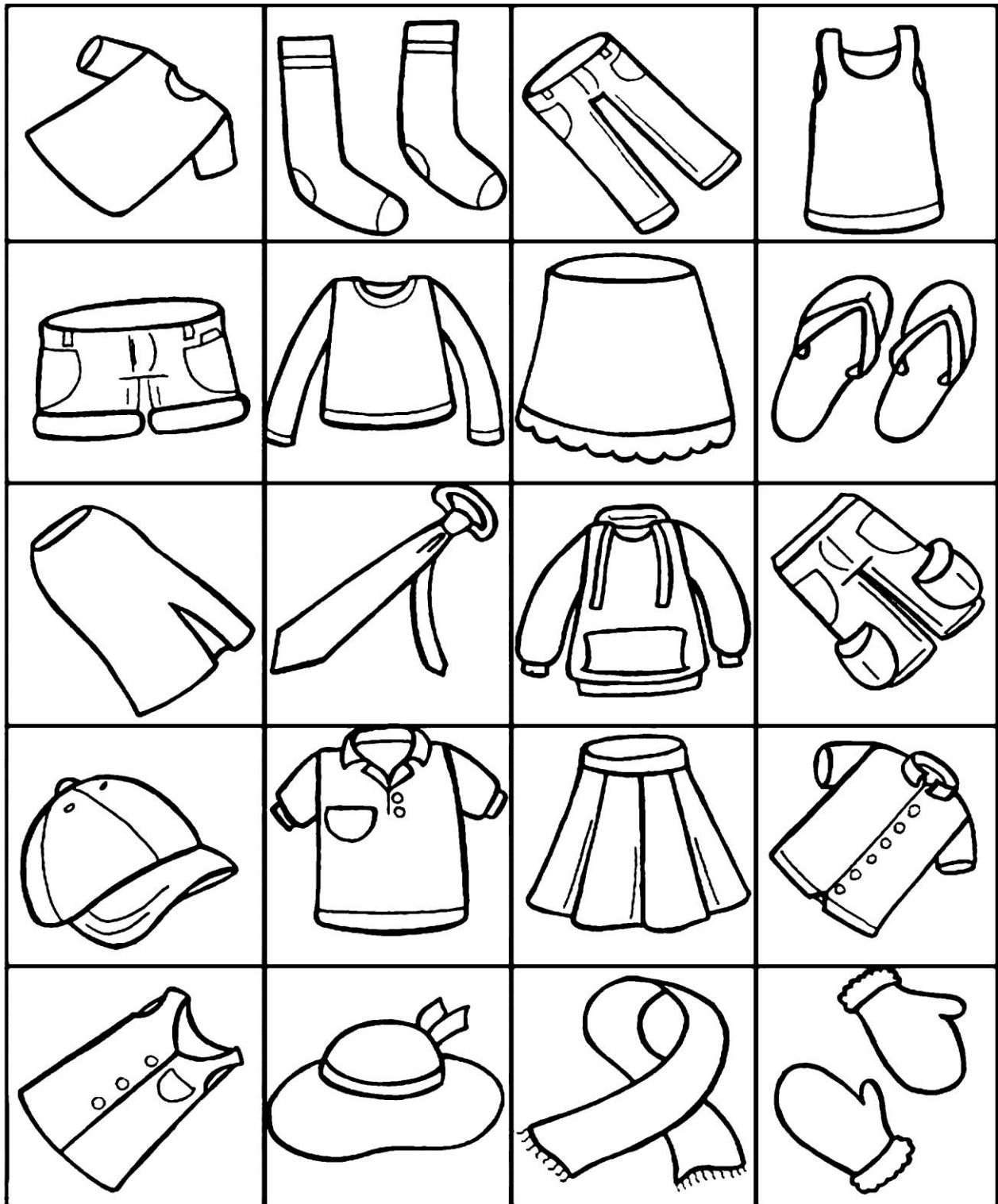
Teacher will tell the story "Can We be Friends" sharing the moral of the story with the children

Can We be Friends



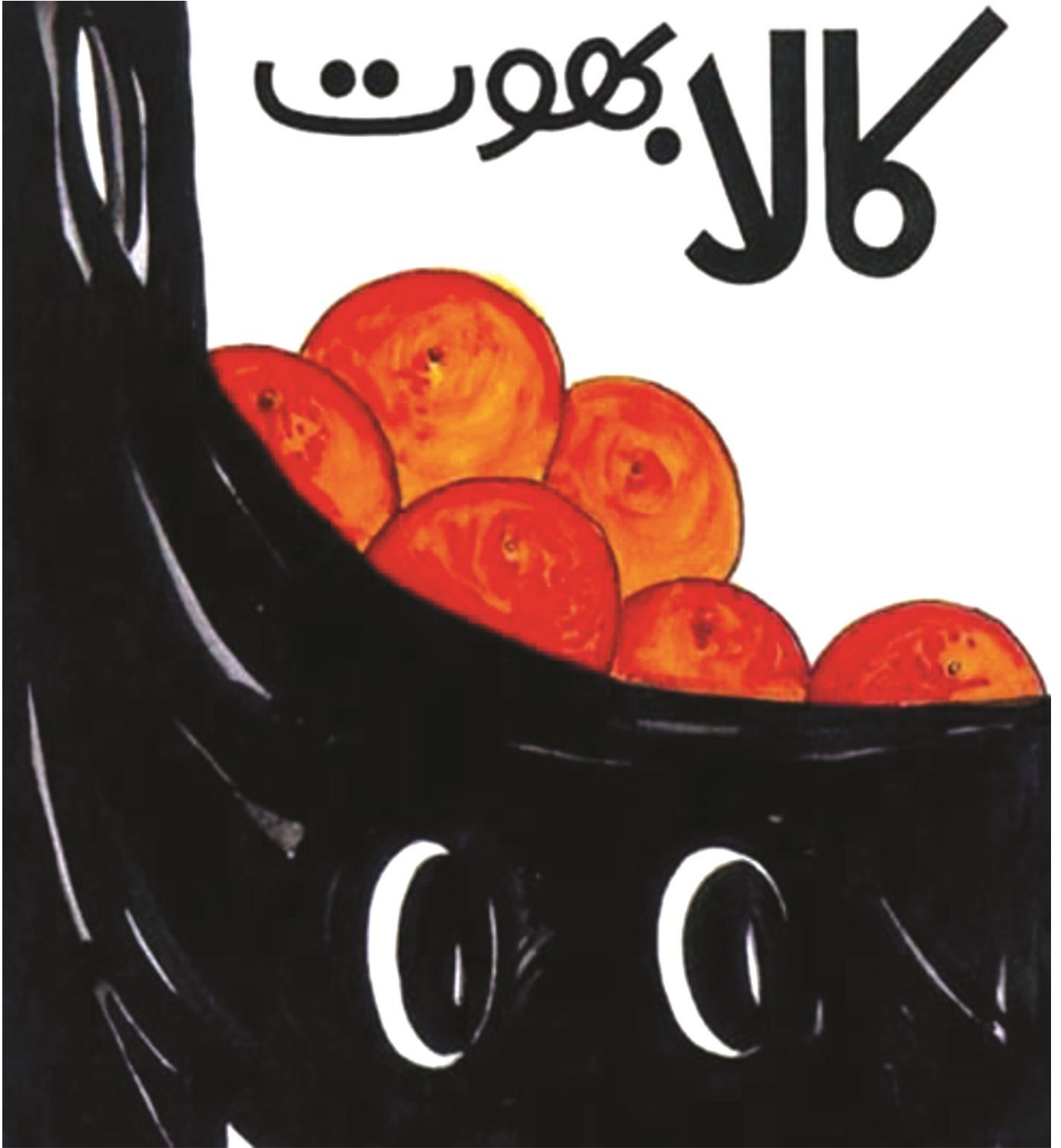
Weather Clothes

Colour the summer clothes red and winter clothes with yellow colour:



Story Time

Teacher will tell the story "Kala Bhoot" by telling the children why is it important for us to keep the environment clean.





Health, Hygiene and Safety

How to wash our hands???

①

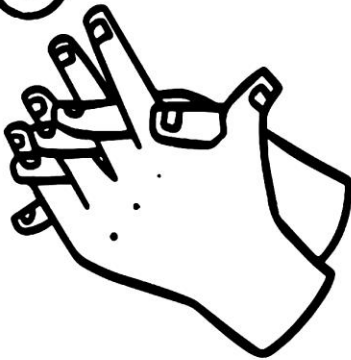


②



**7
STEPS**

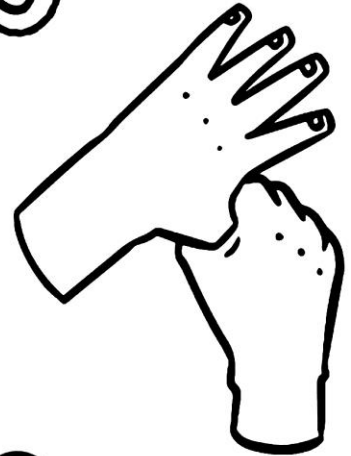
③



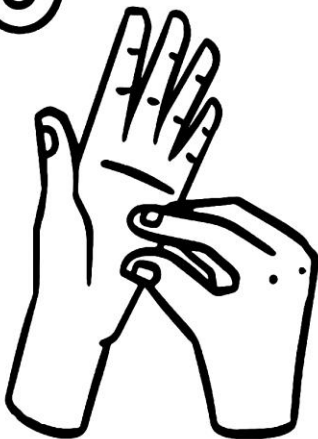
④



⑤

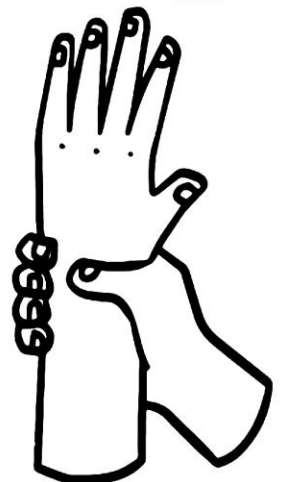


⑥



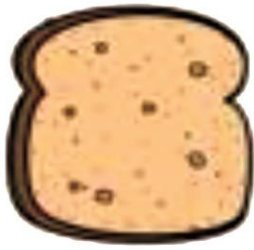
**HAND
WASHING**

⑦



Note for the teacher: take the children to the hand washing area and make them practically wash their hands by following all the steps

Circle the pictures of the food items that keep us healthy



bread



ice cream



chicken



corn



candy



milk



cheese



cotton candy



carrot



candy

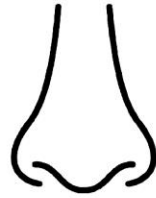
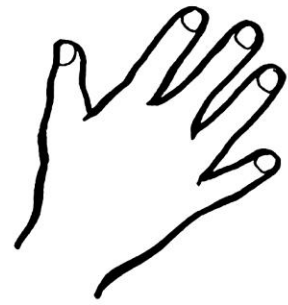
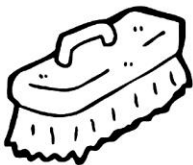
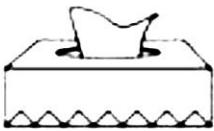


yogurt

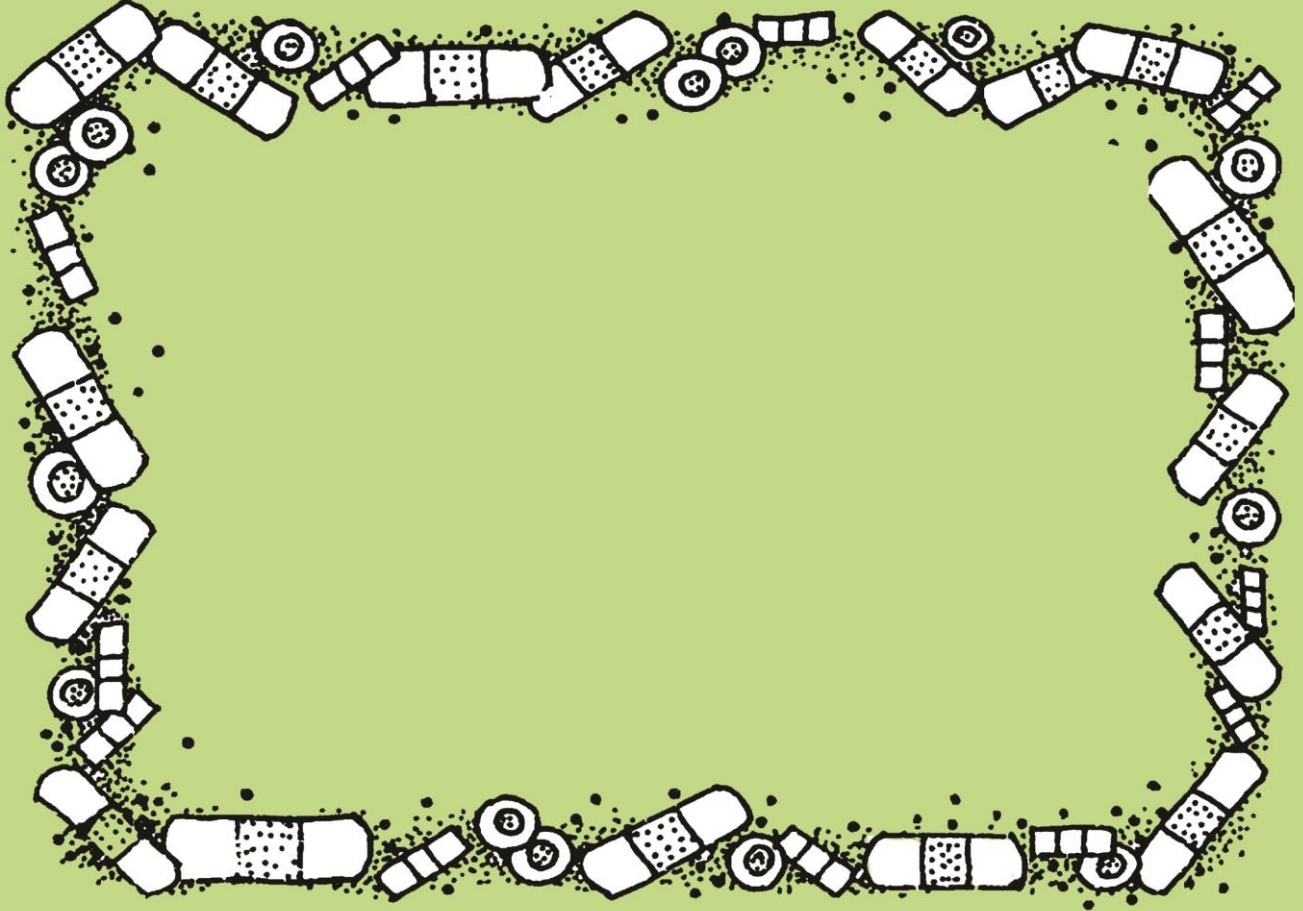


grapes

How do you keep your body clean? Draw lines to match the correct answers.



While running in the school,
Marvi has fallen down and has
hurt herself. Help her by drawing
at least 5 things that she will use
from the first-aid kit.








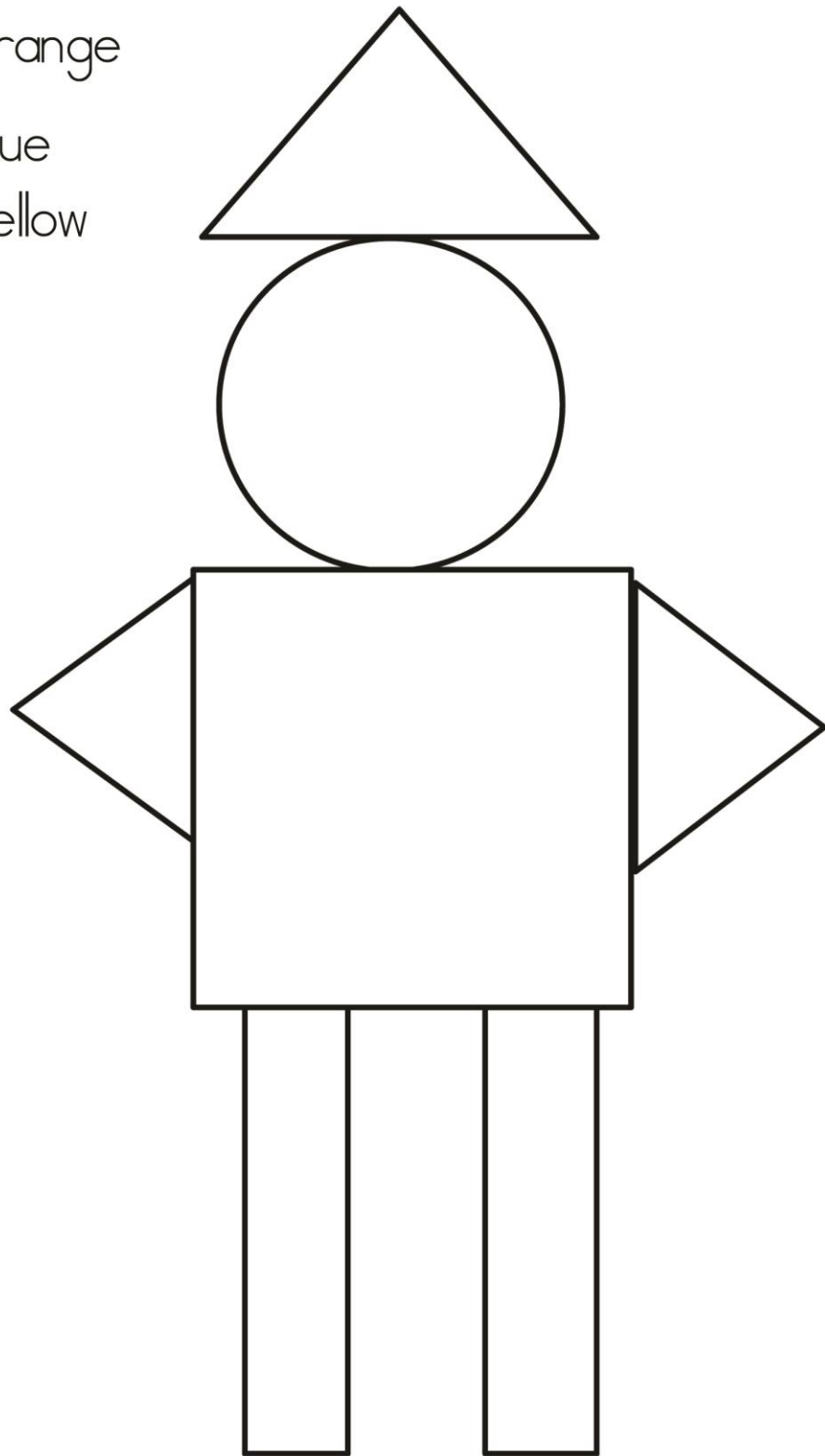


Creative Arts

Draw five things that you can see in your classroom

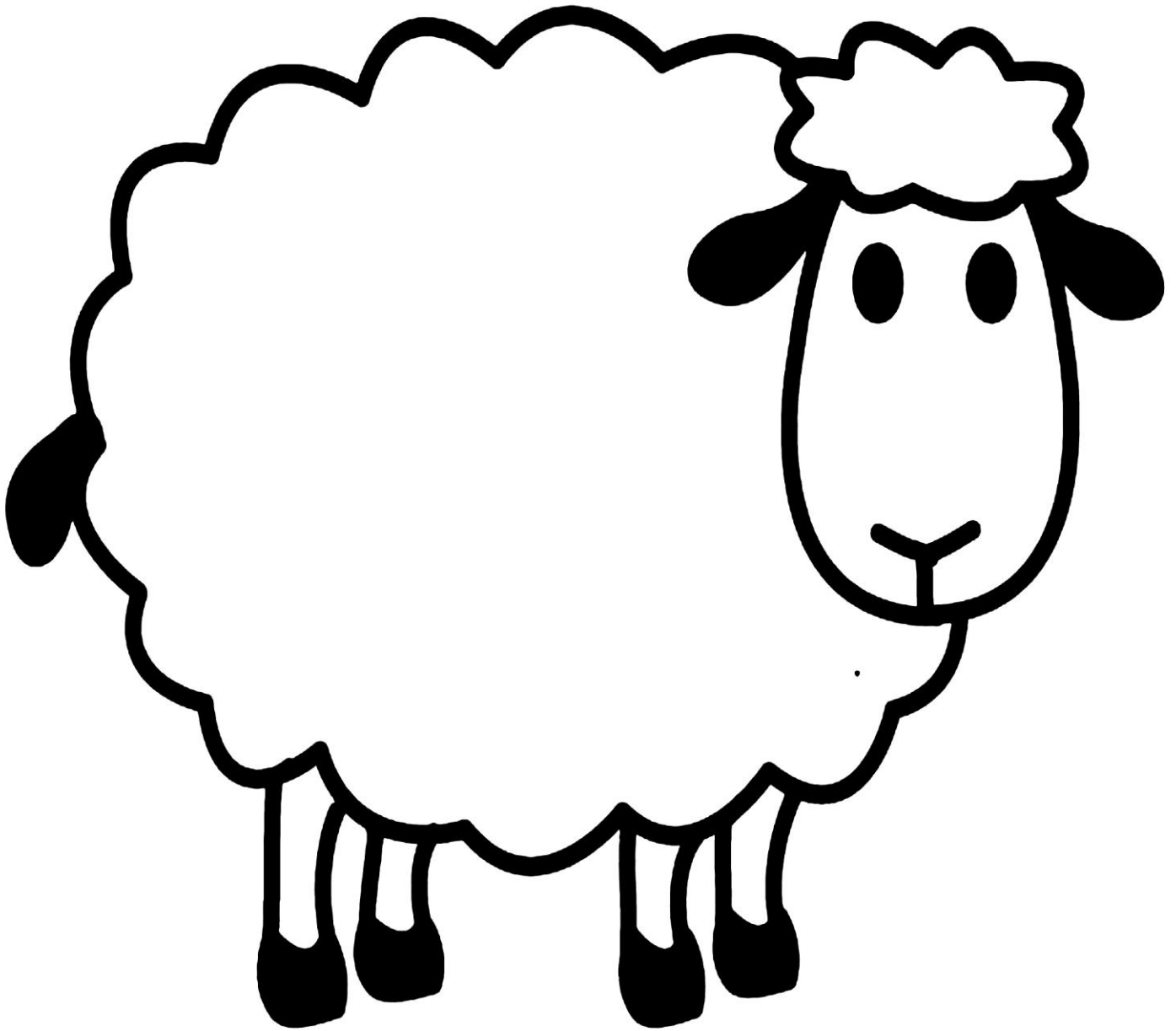
I can see...

-  red
-  green
-  orange
-  blue
-  yellow



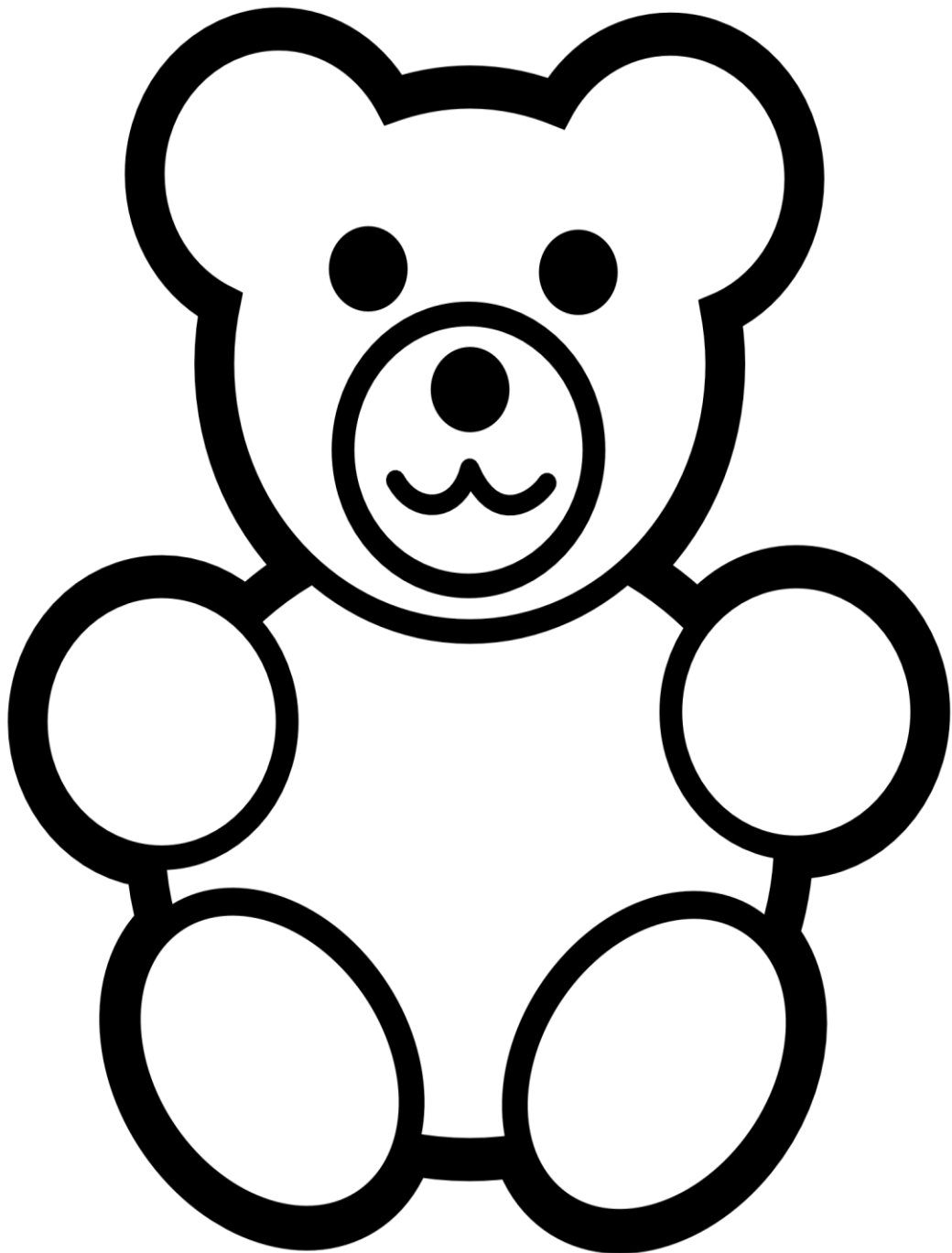
Collage Work:

Paste white cotton on the sheep to make it fluffy



Thumb Printing is fun:

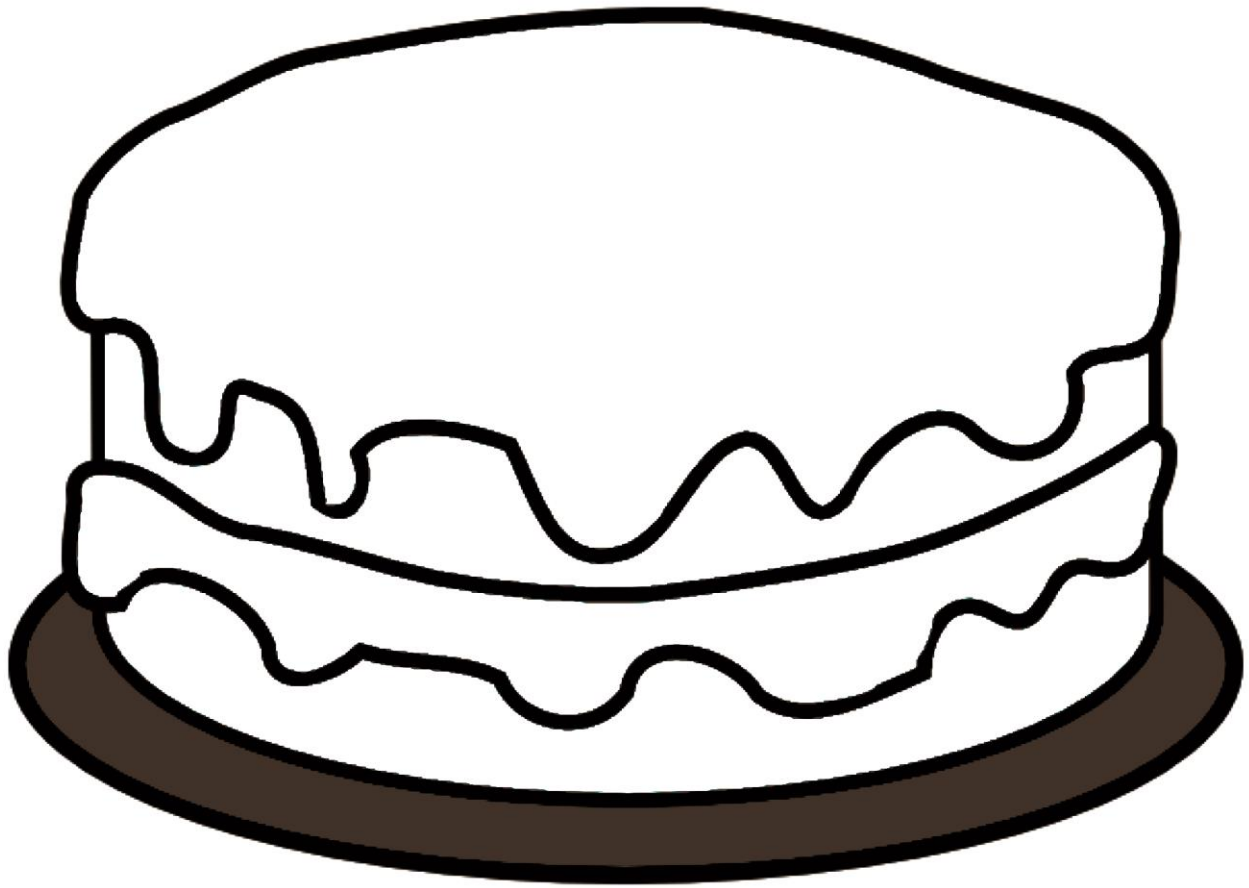
Dip your thumb into the paint and print it on the given picture



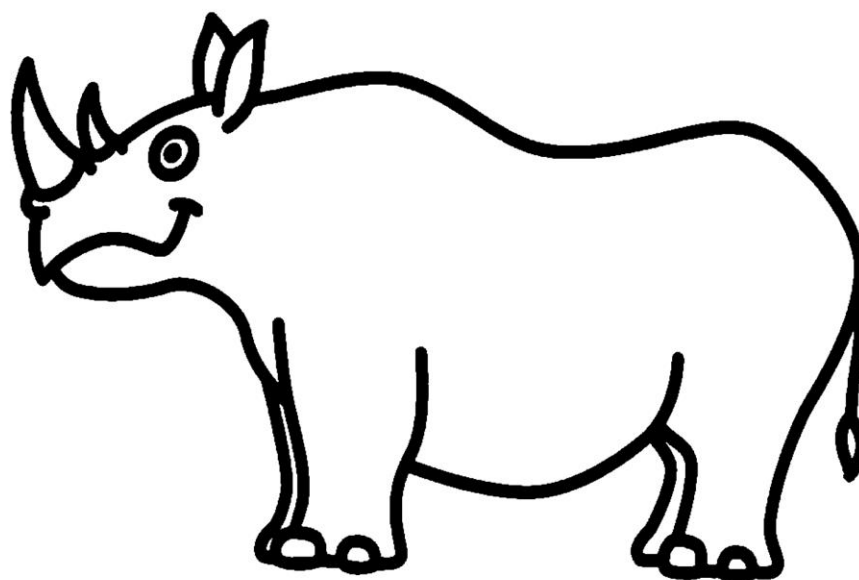
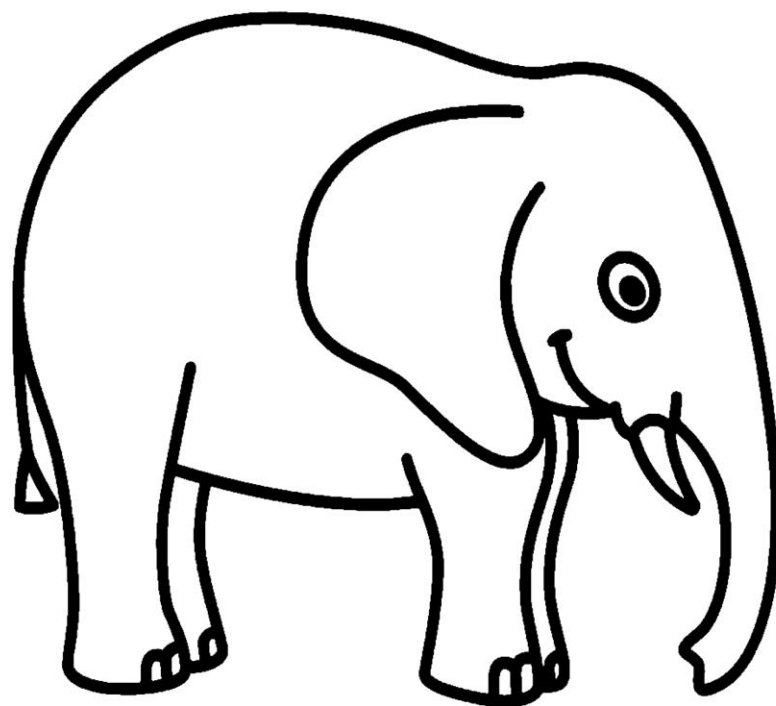
Colouring with crayons:
Use your crayons to colour the given picture



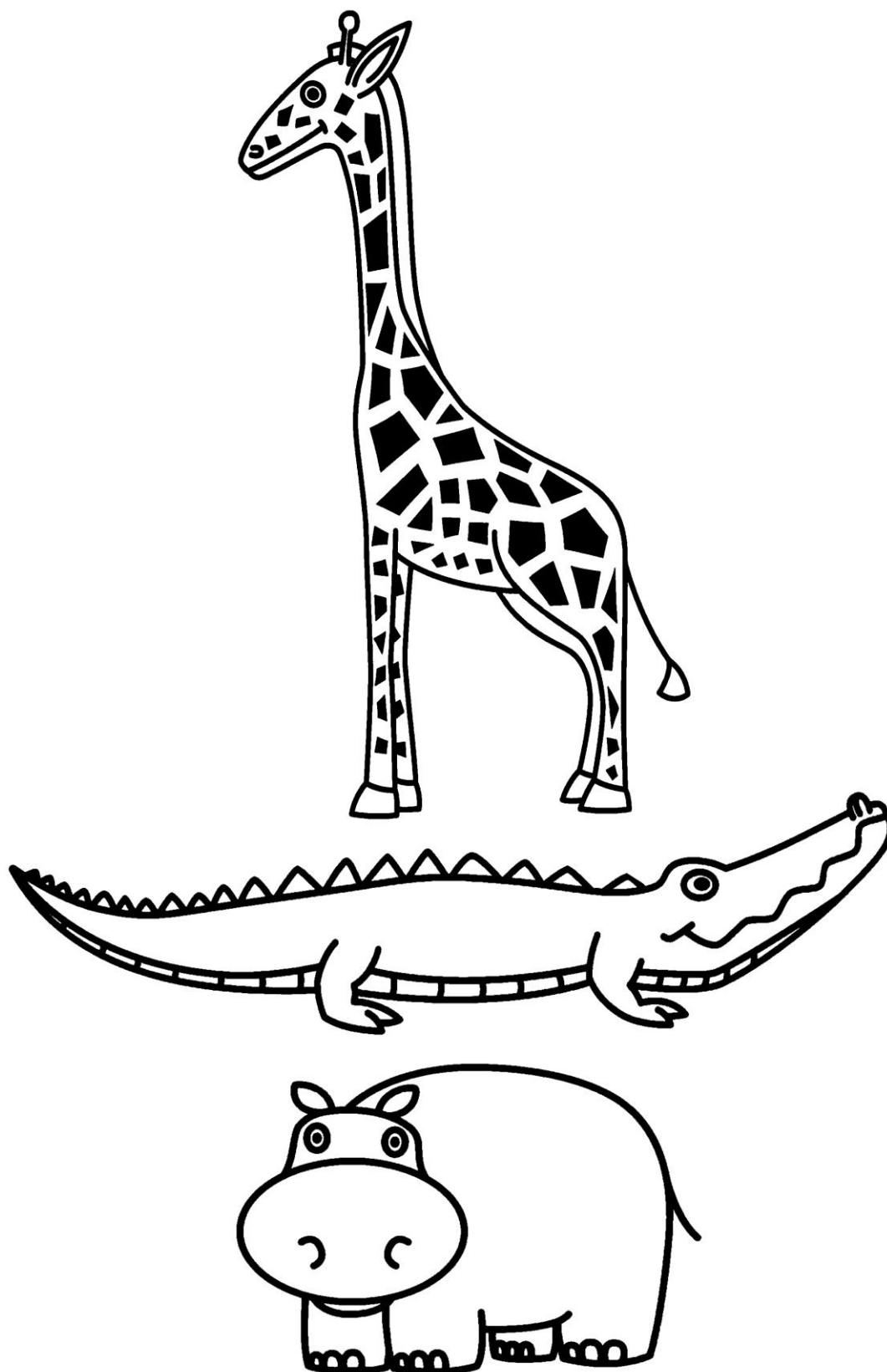
Draw candles on the cake to show how old are you. Then colour it with colour pencils.



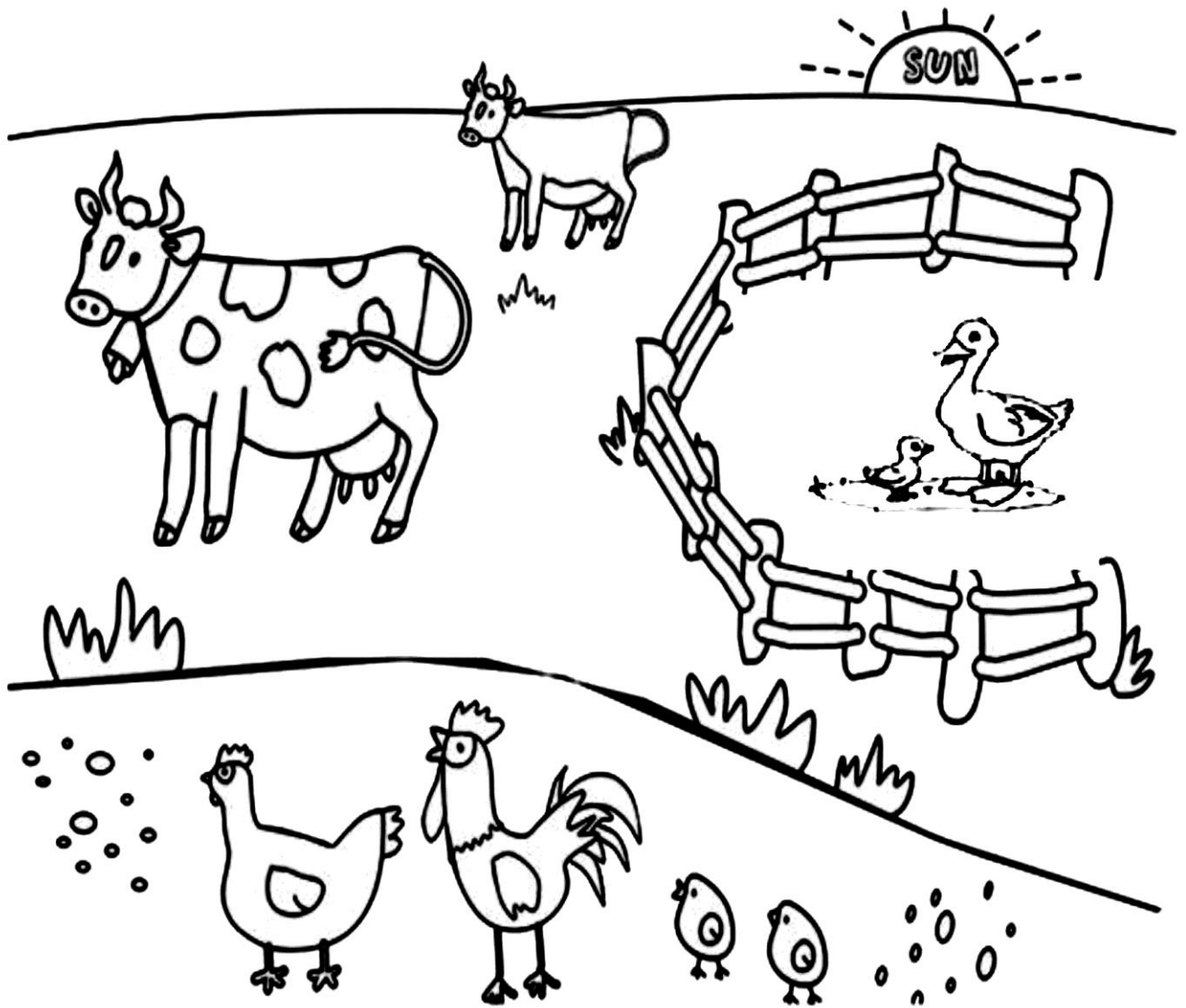
Colouring wild animals with crayons is fun:



Colouring wild animals with crayons is fun:



Colouring with crayons is fun:



Preface

Keeping pace with the 21st Century demands, Early Childhood Care and Education (ECCE) students must be equipped to become creative and problem solvers.

ECCE workbook is about literacy skill development, which research shows plays, a key role in a child's later success in reading achievement. The Sindh Education and Literacy Department and Government of Sindh's response to this research is the hands-on workbook initiative.

This workbook is filled with the information along with instructional material for ECCE-I students. It is designed to enable the young learners to keep pace with the Expected Learning Outcomes (ELOs) stated in the ECCE Provincial Curriculum 2018. The workbook is divided according to the key learning areas which are:

1. Language and Literacy
2. Basic Mathematical Concepts
3. The World Around Us
4. Health, Hygiene and Safety
5. Creative Arts

Each activity is supported with teacher's notes at the bottom of the page so that the children are facilitated as required. This workbook will help ECCE teachers in a number of ways as it will give them an idea as how active learning takes place, how to develop interesting tasks for the children that can enhance their learning skills and how to motivate them towards learning new concepts. This workbook is designed for the children of ECCE I (3-4 years) and focuses on the holistic development of the learner. I assure that this workbook will help the young learners to enhance their learning skills and to embark on the journey of lifelong learning. During the process of this compilation, I considered the psychology of 3-4 year learners and ECCE teacher's accessibility to resources. To gain most benefits of the content mentioned in the workbook, practice and engagement with the workbook activities through teacher facilitation is essential.

The workbook is integrated with research-based strategies such as:

- Oral language
- Alphabetic knowledge
- Phonological awareness
- Print awareness

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